



Regional Acquired Brain Injury Unit

Information for Patients and Carers
Musgrave Park Hospital



Mission Statement

Our aim is to provide a high quality, patient centred assessment and rehabilitation service for persons with acquired brain injury. Using an interdisciplinary team approach our skilled staff will work closely with patients, families, carers and community services to ensure that each person is facilitated through this phase of the patient journey.



Assessment/rehabilitation programme

The unit has state-of-the-art facilities for 25 inpatients and 15 outpatients attending for treatment and therapies. The interdisciplinary clinical team will assess all patients and formulate an individualised programme.

How to get here

By car

Musgrave Park Hospital is accessible from the M1 or M2 motorways.

From the M1, take Exit 2, signed Outer Ring (A55) Balmoral. Follow the A55 to the hospital entrance, which is on the right, just before the railway bridge.

From the M2 or M3, take the Westlink A12 (following signs for The West – The South) to join the M1. Take Exit 2 as above.

From the Lisburn Road or Balmoral Avenue, take the A55 Outer Ring (M1). Follow the road underneath the railway bridge and the hospital entrance is on the left.

By bus/on foot

Metro routes 9A, 9B and 9C travel from the City Centre, along the Lisburn Road and Upper Lisburn Road. Get off the bus at the second stop after Kings Hall (Balmoral Park) on the Upper Lisburn Road. The Hospital can be accessed by crossing the Upper Lisburn Road at the pedestrian crossing and using the footbridge, which leads onto the Hospital site.

By train

Balmoral train stop is next to the hospital entrance on Stockman's Lane.

Check train and bus times with Translink.

Hospital signs will direct you to the Regional Acquired Brain Injury Unit.

Musgrave Hospital Site Map





On arrival

On arrival at the unit please go to reception (which is not always open), ground floor, where you can be given further directions. If you arrive out of hours, go to the front door where you will find instructions situated on the left hand side on how to gain entry to the building. Outpatient reception is on the first floor.

What not to bring

- Money and valuables: Where possible patients should avoid bringing in large sums of money or valuables. The hospital does not accept responsibility or liability for patients' property brought into the unit.
- Recreational drugs, alcohol and perishable foods

Visiting times

Monday – Friday

3.30 pm – 5.00 pm

6.30 pm – 8.30 pm

Saturday - Sunday

2.00 pm – 5.00 pm

6.30 pm – 8.30 pm

Only two visitors are allowed at patient bedside at any one time to reduce infection and keep noise level to a minimum.

Your understanding is requested during visiting hours when care and therapy will take precedence.

The Trust operates a zero tolerance policy with respect to abuse (verbal and physical).

Children must be supervised at all times. Only children residing in the patients' household are permitted to visit.





Infection Control

To reduce the risk of infection in the unit, visitors are asked to:

- Follow the ward signs on hand washing and the use of alcohol gel.
- If you have any infection, please notify nurse in charge.

Mitre shop

The shop is on the main hospital corridor, between the Withers and Outpatients areas. It sells confectionary, newspapers and toiletries and is open Monday to Friday 8.15 am to 4.00 pm. There is also a trolley service available.

Refreshments

There is a vending machine at the entrance to the unit.

Restaurant

The restaurant is located on the main corridor, between RABIU and MITRE shop. It is open every day from 7.00 am to 6.00 pm.

Meals are served at the following times:

| | |
|-----------|---------------------|
| Breakfast | 8.00am – 10.45am |
| Lunch | 12.00 noon – 1.45pm |
| Tea | 3.45pm – 5.30 pm |

Church/chaplain service times

If at any time you would like to talk to a chaplain, please ask a member of staff who can make contact on your behalf. Services are held at the following times:

Mass

Every Sunday 8.15am (Holy Days 1.15pm)

Morning Worship

Every Sunday 10.00 am

The hospital church is open every weekday from 9.00 am to 5.00 pm

Gifts and Donations

The Trust is very grateful for the support of patients, former patients, members of the public and local voluntary groups.

If you would like to make a donation, you can contribute to the Regional Acquired Brain Injury Unit Charitable Fund:

This fund provides for further provision of equipment in the unit and training of staff.

Please ask a member of staff for further details.





