

## How to contact us:



**Community Mental Health Team for  
Older People Tel: (028) 9504 0346**  
operates from Monday to Friday  
9am to 5pm

We also offer an extended telephone advice and  
support service for people living with DEMENTIA  
and their carers operating:  
Monday to Friday until 8pm  
Saturday to Sunday 10am to 2pm

If you need to speak to someone  
outside these hours please contact:  
Regional Emergency Social Work Service  
(028) 9504 9999

The Alzheimer's Society has several factsheets on  
medication and these can be accessed from the  
website [www.alzheimers.org.uk](http://www.alzheimers.org.uk) or by contacting  
their local office;

Local Alzheimer's Office Unit 4, Balmoral  
Business Park, Boucher Crescent, Belfast,  
BT12 6HU  
Tel: 028 9066 4100

[www.belfasttrust.hscni.net/services/](http://www.belfasttrust.hscni.net/services/)

**CommunityMentalHealthTeams**

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**HSC** Belfast Health and  
Social Care Trust

What is Lewy Body Dementia?



### What is Lewy Body Dementia?

Lewy bodies are abnormal protein deposits that are found in brain nerve cells. They result in damage to the nerve cells and a reduction in certain brain chemicals acetylcholine and dopamine.

### What symptoms may develop when a person has Lewy Body Dementia?

Many of the symptoms of Lewy Body Dementia are similar to those experienced in Alzheimer's disease. However in Lewy Body Dementia the symptoms tend to fluctuate a lot from day to day or depending on the time of day. Also a person with Lewy Body Dementia may have visual hallucinations and have some symptoms of parkinsonism e.g. tremor, a shuffling walk and stiff muscles.

### Treatment and Support

With support it is possible to live well with Lewy Body Dementia and treatment aims to maximise a persons level of independence and quality of life.

### What medications are available to treat Lewy Body Dementia?

The medications used in Alzheimer's disease, acetylcholinesterase inhibitors (e.g. rivastigmine) and memantine are effective in Lewy Body Dementia but antipsychotics (e.g. haloperidol, risperidone) should only be used very cautiously.

### Additional sources of further information

The **Alzheimer's society** has a detailed factsheet on Lewy Body Dementia and this can be accessed from the website [www.alzheimers.org.uk](http://www.alzheimers.org.uk) or by contacting their local office.

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