

**Contact details**

Name (please print) \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Post Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

E-mail: \_\_\_\_\_

Please indicate your preferred method of contact

Mail  E-mail  Telephone

The person I care for has:

Mental Illness  Dementia

They Live in:

North Belfast  West Belfast

South Belfast  East Belfast

Signed: \_\_\_\_\_

This information will be held in line with Belfast HSC Trust policies and procedures

For further information please contact:

Service Improvement Manager

The Bungalow,

Knockbracken Health Care Park

Saintfield Road, Belfast, BT8 8BH

TEL: 028 9504 3266

E-Mail:

[chritine.wilkinson@belfasttrust.hscni.net](mailto:chritine.wilkinson@belfasttrust.hscni.net)

# Older Peoples Mental Health Service



**Involving Carers &  
People living with  
Dementia and/or  
Mental Illness in  
Older Peoples  
Services**

 **Belfast Health and  
Social Care Trust**  
caring supporting improving together

## Involving Carers

### Could you help improve the quality of services we provide?

The Belfast HSC Trust is committed to involving carers in the design, delivery, management and evaluation of services

- When Carer involvement works well we can offer a service, which is truly based on people's needs and improves choices for individuals.
- Involving Carers in reviewing services is key to improving services. Carers are best placed with their real experience to comment on what works well and needs to be improved.

We would therefore like to develop a register of carers who would be prepared to consider opportunities for carer involvement in all aspects of our dementia services & mental health services for Older People.

### Ways of being involved

I would be interested in (please tick any that apply)

- **Proof reading leaflets / documents**
- **Making comments on Service Improvement Plans / Policies**
- Participating in working group/workshops
- Carers Feedback session
- Taking part in focus groups—one off
- Speaking to groups of staff / students on carer issues
- Completing satisfaction surveys
- Involvement in audits

## How much time would it take?

Time commitments will vary depending on what you want to do. From a few hours a month (or more) to a one off event. However it is important that you are realistic about how much time you can spare.

We would like to make sure all carers who are interested in establishing relations with the service register with us so we can contact you and forward information regarding events you are interested in.

Please tick if you interested in

- Dementia Day Centres
- Community teams
- Inpatient Experience
- Outpatient Experience
- Supported Housing
- Service Wide, Service Improvements
- Memory Clinics
- Psychiatry Liaison Service

## Carer & Person Involvement Form

Fill in your details overleaf, detach and send this form to the Service Improvement Manager at The Bungalow, Knockbracken Healthcare Park, Saintfield Road, Belfast, BT8 8BH

