

How to contact us:

How to Access a Care Manager or Social Worker

If you live in South Belfast, East Belfast or Castlereagh contact :
Call Management Centre
Tel: 028 9056 5565

If you live in North and West Belfast contact your local well-being and treatment centre:

Grove Well-being and Treatment Centre
Tel: 028 9063 6800
Carlisle Well-being and Treatment Centre
Tel: 028 9504 2500
Beech Hall Well-being and Treatment Centre
Tel: 028 9504 0044
Shankill Well-being and Treatment Centre
Tel: 028 9504 0043

How to Access Further Information on Supported Housing for People with Dementia

The Belfast Trust currently has three supported housing schemes for people with dementia. To access further information on supported housing please contact the schemes directly;

Sydenham Court 48a Sydenham Gardens East Belfast BT4 1PP 02890652719	Hemsworth Court 29 Malvern Way West Belfast BT13 1DZ 02895042694
----------------------------------------------------------------------------------	------------------------------------------------------------------------------

Mullan Mews
6-16 Willowfield Avenue
South Belfast
BT6 8HW
028 9046 6480



Community Mental Health Team for Older People Tel: (028) 9504 0346

operates from Monday to Friday
9am to 5pm

We also offer an extended telephone advice and support service for people living with DEMENTIA and their carers operating:
Monday to Friday until 8pm
Saturday to Sunday 10am to 2pm

If you need to speak to someone outside these hours please contact:
Regional Emergency Social Work Service
(028) 9504 9999

www.belfasttrust.hscni.net/services/CommunityMentalHealthTeams

HSC Belfast Health and Social Care Trust

What Accommodation options are available for people living with Dementia who are no longer able to remain in their own home?



It is important that people living with dementia are supported to remain independent and to continue to live with dignity in their own homes for as long as possible with the appropriate help and support to enable them to do so. Dementia will affect each person differently but as the illness progresses the person's needs may change and for various reasons it may not be possible for them to remain living in their own home.

A decision for a person to move from their own home into a care home can be a difficult and emotional decision for both the person living with dementia and their carer. It can take time to make this decision and the person living with dementia and their relative and carer may benefit from talking to someone about the options available to them before reaching a final decision.

There are a number of options available to people living with dementia when they are no longer able to live independently within their own home. These include;

- Supported Housing for people with dementia
- Residential Care Homes
- Residential Care Homes for people with dementia
- Nursing Homes
- Nursing Homes for people with dementia.

When a person living with dementia is moving from their home to alternative accommodation it is important that the move is to the most appropriate accommodation to meet their needs. To support the person through this process they will be appointed a care manager or a social worker.

A care manager will normally be appointed to a person considering long term care within a care home environment. The care managers will;

- Talk to the person and their family about their care and support needs.
- Request assessments from health care professionals involved in the person's care.
- Guide the person and their family on the most appropriate care option to meet their needs.
- Provide guidance on the financial costs of moving to a care environment.
- Coordinate the move to the care home and provide the care home with information on the person's care needs.
- Act as the main point of contact for the person and their family following the move to the care home and coordinate the annual review of the person's care.

The assessment and allocation process for a person moving to a supported housing environment is different. A person considering this care option will be allocated a social worker to support them through the process.

What are the differences between a Supported Housing and a Care Home Environment?

A care home environment offers people living with dementia support with all activities of daily living over a 24 hour period. The degree of support the person requires with activities of daily living will influence the type of care environment recommended to meet their needs.

Supported Housing differs from a care home environment in that it offers people who are no longer able to live within their own home an alternative housing solution to enable them to continue to live independently and to be actively involved with their local community. When moving to a supported housing scheme the person accepts a tenancy with the housing association and will be provided with their own accommodation within the scheme but have 24 hour support available to them from staff employed by the Belfast Trust. Within the supported housing environment the person will be encouraged and facilitated to be as active and independent as possible. They will be supported to retain their independence with all normal daily activities and to lead a full and active life as they wish.