

# Midwife Led Unit

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## @ The Mater

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*Welcoming everyday miracles...*



The logo for the Midwife-Led Unit (MLU) is displayed against a background of soft-focus lavender flowers. The letters 'MLU' are large, bold, and purple. To the right of the letters, the text 'Midwife-Led Unit' is written in a smaller, white, sans-serif font within a purple rectangular box.

# MLU

Midwife-Led  
Unit

The Mater MLU, as part of the Belfast Trust Maternity Services, aims to provide the highest standard of personalised care during pregnancy, labour and the birth of your baby. Your tailor made package will support you and your partner's decisions to ensure a positive overall birth experience.

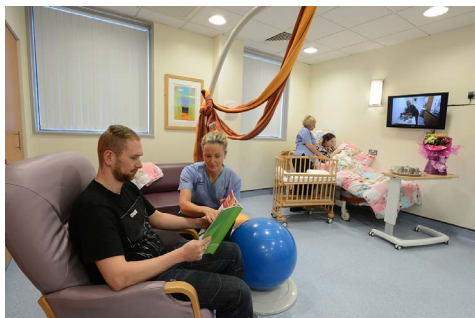
Our home from home purpose-designed Unit has been developed to encourage women to feel safe, confident and in control in a relaxed environment suited to their individual needs.

We embrace a women led visiting policy for your family and friends. We actively encourage partners to stay overnight on our sofa beds and make use of the sitting room and kitchen. You will enjoy your own hotel standard private suite with birthing pool and en suite bathroom for your use throughout your stay.



## What can we offer?

- Midwife led care from booking to birth from our team of experienced and dedicated friendly midwives
- Our 'Getting Ready for Baby' programme which runs from 16 weeks and helps you prepare for parenthood
- Reflexology treatments
- Hypnobirthing classes
- Aromatherapy
- Birthing pools
- Active birth support
- Baby feeding assistance
- Flexible visiting.

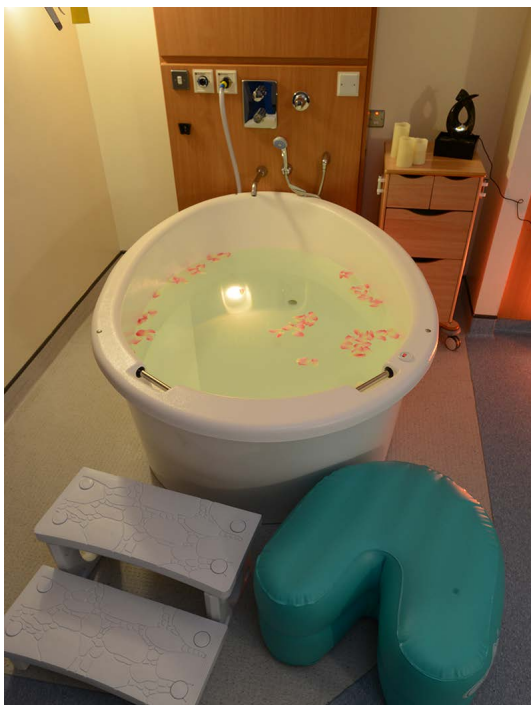


## Why choose the Midwife Led Unit for your birth experience?

This service has been particularly developed to care for healthy women enjoying a straightforward pregnancy. This type of care is supported by extensive research and the NICE guidelines and is part of the NI Maternity Strategy.

In the event of any special circumstances arising during your pregnancy or birth, we have direct contact with our medical colleagues in the Royal Maternity Hospital.

*Your safety is central to our care  
of you and your baby*





“Friendly & private”

“Beautiful rooms”

“Professional and helpful”

“Felt privileged to birth here”

“The help and support was amazing”

For more information please contact the midwives in the MLU. They can explain all of the birth place options available to you in the Belfast Trust and support you in making your decision. For further information please scan the QR code.



The Midwife Led Unit at the Mater is committed to providing holistic care designed and planned in partnership with women who have a fundamental right to competent, professional expertise to enable a positive pregnancy and birthing experience.

## Midwife Led Unit @ The Mater

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