



Midwife-Led Care

During the current Coronavirus (COVID-19) pandemic, we want to reassure you that Belfast Trust Maternity Service continues to offer and support birth in a midwife-led unit (MLU)

We have had to reorganise our service and although birth in the Mater Freestanding MLU is currently not an option, the Active Birth Centre in Royal-Jubilee Maternity Hospital is available.

The Active Birth Centre (ABC) is an alongside midwife-led unit adjacent to the Consultant-led Delivery Suite, providing midwife-led care during labour and birth to women at low risk of complications.

In the ABC we specialise in providing care which supports women to birth without medical interventions. The ABC has four birthing rooms; Sanctuary, Serenity, Harmony, Haven, each with the privacy of an en-suite shower room and one has a fixed birthing pool.

What we offer for labour and birth:

- Safe and caring environment to facilitate normal birth
- Comfortable surroundings to help you feel relaxed and in control
- Individual midwife-led care with experienced midwives
- Birthing aids available; birthing mats, birthing balls, CUBs (comfortable upright birth)
- Birthing pool if you wish to labour/birth in water
- Less chance of intervention



**For further information
or for advice please
speak to your midwife
or contact the
ABC/MLU Team on:

02896151990**