

How to use LAMP and ensure you get your results

Register with www.lantern.nhs.uk (name, address, DOB etc.). You will be asked for a mobile number and an email. It isn't necessary to use your BHSCT email.

You can use a desktop or smart phone to register. However, the first time you register you will need access to the email you are using as you will receive a magic link to ensure it is a valid account.

Set up your account using a password and that allows you to log into your account more easily.

You are ready to start testing using LAMP.

LAMP is the test you submit and LANTERN is the digital platform used to identify the sample and ensure you receive your results.

Collect a kit from your department or ask your manager where to get kits. Alternatively email LANTERNprogram@belfasttrust.hscni.net to order kits.

1. **LOG** into your LANTERN account. You must log in every time you wish to submit a sample
2. **SPIT** 2mls saliva into the tube. Do not eat, drink or brush your teeth for at least 30 minutes prior to taking the test. Some staff find it easier to take the kit home and spit into the tube on waking. If you do this please ensure your sample is dropped off as you arrive at work.
3. Ensure the lid is tightly closed on the tube and seal the sample into the small bag provides.
4. **SCAN** the barcode on the side of the sample pot. The barcode can also be entered manually. This is your unique identification on the day you submit a sample. If you do not scan it you will not receive a result.
5. **DROP** off the sample at any of the drop boxes listed. Do NOT leave your sample in the box if the samples have been collected. It will be too old and you will not receive a result. Check the time for your collection times for your department. If you are too late you need to issue another sample.
6. **RESULTS** You will receive your results by text and email later that day. Do not think that no result means you are testing negative.

Remember the Key Steps

- Register to use LAMP
- LOG into your account
- SPIT - Ensure you spit enough saliva and tighten the lid
- SCAN the barcode
- DROP - Drop off at a designated drop box
- RESULTS - They will be received via text and email.

