



Lamp and Lateral flow testing is a way of rapidly tracking and managing confirmed and suspected COVID-19 cases within Belfast Trust. This will help to protect both patients and front-line staff as well as reducing the need for long periods of self-isolation.

### **LAMP Testing**

LAMP testing requires staff to provide a fresh saliva sample that will be tested. This can be completed at home before you arrive to work but must be sent within 8 hours. Using the instruction leaflet provided, samples must be dropped off at designated collection points throughout the Trust using the QR code. ***We are encouraging staff on ALL sites to take up regular testing, please click the link below to register.***

**[REGISTER HERE](#)**

An instruction and quick reference guide will be provided with your pack but if you would like an online copy please click the links below:

- [Step by Step Guide to Lamp Testing](#)
- [Quick Reference Guide for Staff](#)

If there is anything that is not clear please send your questions to [LANTERNprogram@belfasttrust.hscni.net](mailto:LANTERNprogram@belfasttrust.hscni.net).

## Lateral Flow Testing

Rapid lateral flow tests help to find cases in people who may have no symptoms but are still infectious and can give the virus to others. The test involves taking a sample from your tonsils (or where they would have been) and from your nose, using a swab. You can get a result in 30 minutes.

You should do a rapid test twice a week (every 3 to 4 days) to check if you have the virus. If people test positive and self-isolate, it helps stop the virus spreading. **Speak to your manager about getting a lateral flow testing kit, alternatively you can order a testing kit by clicking the link below and filling out a PPE order form. Please note, lateral flow tests are at the bottom of the PPE order form.**

### [ORDER A LATERAL FLOW TEST](#)

Lateral flow device tests are available for areas that LAMP testing has not been rolled out to but staff must ensure they upload their results to <https://www.gov.uk/report-covid19-result>. For more information and guidance on how to use your Lateral Flow Test kit, please visit the Public Health Agency website by [clicking here](#).

It is important that we protect our patients and colleagues, vaccinated or not, by ensuring that all staff continue to maintain regular asymptomatic testing and continue to follow infection prevention and control guidance to stop onward transmission of Covid-19.

Please ask us if there is anything that is not clear by contacting Occupational Health staff on this email [OHS-Optigene@belfasttrust.hscni.net](mailto:OHS-Optigene@belfasttrust.hscni.net) or by calling the Occupational Health Covid-19 Advice Line on **028 9615 7222**.

**Staff who are symptomatic or have been identified as a close contact must book a PCR test with the Belfast Trust testing site at Knockbracken.**

You can book an appointment for a test on the Staff Booking Line:

**Staff Testing Booking Line**

**028 9615 2828**

**Open 8am-5pm 7 days a week**

Due to increased demand for the service, it is important that you follow the agreed booking procedures. Appointments are usually offered for the same day, and available for all trust staff and their household contacts.