



INTERNATIONAL
ADOLESCENT
HEALTH WEEK



Belfast Health and
Social Care Trust

caring supporting improving together

International Adolescent Health Week: 21st-27th March

IAHW is an annual global celebration to raise the profile of adolescents, aiming to increase the recognition of unique health issues facing adolescents worldwide and increase their engagement in their own health decisions.

The pandemic has been challenging for young people and their mental health, so there is no better time to amplify their voices and show them support!

The Children's Hospital is celebrating by distributing wellbeing packs to young people attending outpatients, day wards and inpatient wards this week. Parts of the hospital are also turning lime green!



How can you support?

Wear lime green accessories and share pictures of Trust IAHW celebrations on social media using #IAHW2021 #PaintTheWorldLimeGreen and be sure to tag @belfastTrust @IAHW2021.