




Food & Nutrition Group – Prevention of Choking resources (September 2021)

Summary of information on the risk of choking when assisting patients with food and nutrition.  
 This information must be shared with ***all staff in Community teams*** where patients are assisted with food and nutrition to reduce the risk of patient harm from choking.

<b>SAFE PAUSE RESOURCES</b>	
<b>SAFETY PAUSE – CHECK DRINK LEVEL POSTER</b>	<a href="#"><u>Safety pause – Check drink level Poster</u></a>
<b>SAFETY PAUSE – CHECK FOOD LEVEL POSTER</b> suitable for adult services only unless directed by an SLT	<a href="#"><u>Safety pause – Check food level Poster</u></a>
<b>SAFE PAUSE VIDEO AND POSTER</b> – example of good practice from MH	<a href="#"><u>Posters for hatch</u></a>  <a href="#"><u>QI Safety Pause poster 1 example</u></a>  <a href="#"><u>Safe Pause Video</u></a>

Food & Nutrition Group – Prevention of Choking resources (September 2021)

<b>ROBUST COMMUNICATION SYSTEMS</b>	
<p><b>DYSPHAGIA INFORMATION CHART</b> – example of good practice from Health Education England Communication of information is key to safe care. Robust communication systems, clear visual chart that can be seen at a glance. Select <a href="#">pdf</a></p>	<p><a href="#">Dysphagia Information chart</a></p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">               dysphagia information chart.pdf         </div> <div style="text-align: center;">               example dysphagia information chart.pdf         </div> </div>
<p><b>Personal Place Mat (PPM)</b> – example of good practice in ALD services Summary of important information about eating, drinking, swallowing and mealtimes to help make mealtimes safe, successful and enjoyable. They are designed to be easily cleaned, accessible and portable so they are available when needed. Can help when transferring between locations. YOU MAY NEED TO COPY AND PASTE THE YOUTUBE LINKS INTO YOUR BROWSER TO ACCESS</p>	<p><a href="#">Personal Place Mat video</a></p> <div style="text-align: center;">               PPM Sept 2021.ppt         </div>
<p><a href="#">Hospital passport</a> – example of good practice in ALD services</p>	<p><a href="#">Hospital Passport</a></p>
<p><b>Do not share food warning poster</b> – examples</p>	<p><a href="#">Don't share food poster</a></p> <p><a href="#">Food triangle poster – Stroke Unit</a></p>
<a href="#">PHA DYSPHAGIA NI RESOURCES</a>	
<p><a href="#">Dysphagia Adverse Incident Trigger List</a>: Information for Healthcare staff on reporting swallowing related incidents or “near misses” using local risk management systems</p>	<p><a href="#">Dysphagia incident trigger list poster</a></p>

Food & Nutrition Group – Prevention of Choking resources (September 2021)

<p><a href="#"><u>How to Help People with Swallowing Difficulties Keep Their Mouths Clean</u></a>: information for carers and staff to support oral hygiene for people with swallowing difficulties.</p>	<p><a href="#"><u>How to help people with swallowing difficulties keep their mouths clean</u></a></p>
<p><a href="#"><u>Swallowing Difficulties Observational Checklist</u></a>: information to help identify adults with swallowing difficulties or someone whose pre-existing swallowing difficulty may have changed.</p>	<p><a href="#"><u>Swallowing Difficulties Observational Checklist</u></a></p>
<p><a href="#"><u>PATH Resource – Position, Alert, Textures, Help</u></a>: information for carers and staff to support safe swallowing at mealtimes</p>	<p><a href="#"><u>PATH poster</u></a></p>
<p><a href="#"><u>NI Formulary Website Poster</u></a> – Medication information for adults with swallowing difficulties – everything at just one click for healthcare professionals, patients and carers</p>	<p><a href="#"><u>NI Formulary Website Poster</u></a></p>
<p><a href="#"><u>Finding your medications hard to swallow</u></a> - poster</p>	<p><a href="#"><u>Don't mess with your meds poster</u></a></p>
<p><a href="#"><u>Hard to swallow</u></a> – poster</p>	<p><a href="#"><u>Hard to swallow</u></a></p>
<p>What is my role and responsibility in promoting safety - PHA</p>	<p><a href="#"><u>SAI A5</u></a></p>
<p><b>PHA Eating, drinking and swallowing difficulties awareness animation</b>  <b>YOU MAY NEED TO COPY AND PASTE THE YOUTUBE LINKS INTO YOUR BROWSER TO ACCESS</b></p>	<p><a href="#"><u>World Sallowing Awareness Day video</u></a></p>
<p><b>PHA Living with swallowing difficulties video</b></p>	<p><a href="#"><u>Living with swallowing difficulties</u></a></p>

Food & Nutrition Group – Prevention of Choking resources (September 2021)

DOCUMENTS ABOUT CHOKING INFORMATION	
<p><a href="#"><u>THE PREVENTION AND MANAGEMENT OF PATIENT, CLIENT AND SERVICE USERS WITH IDENTIFIED CHOKING RISKS</u></a> – BHSCT Policy – click link above</p> <p>Easy read Version attached</p>	<p><a href="#"><u>Choking policy – Easy read</u></a></p>
<p><a href="#"><u>PRIORITISING THE MEALTIME EXPERIENCE – PROTECTED MEALTIMES</u></a> – BHSCT Policy</p>	
<p><a href="#"><u>THEMATIC REVIEW: REPORT ON THE REGIONAL CHOKING REVIEW ANALYSIS</u></a> - PHA</p>	<p><a href="#"><u>Thematic review: report on the regional choking review analysis</u></a></p>
<p><a href="#"><u>HELP STOP CHOKING Website</u></a> – example of good practice in ALD</p> <p>Award winning Choking awareness website developed as part of a Personal and Public Involvement PPI project to help raise awareness of choking within adult learning disability services in BHSCT</p> <p><a href="http://helpstopchoking.hscni.net/">http://helpstopchoking.hscni.net/</a></p>	<p><a href="#"><u>Choking awareness video</u></a></p> <p><a href="#"><u>First aid video</u></a></p> <p><a href="#"><u>Choking awareness book – posters</u></a></p> <p><a href="#"><u>High risk choking foods</u></a></p> <p><a href="#"><u>First aid for choking</u></a></p>
IDDSI - INTERNATIONAL DYSPHAGIA DIET STANDARDISATION INITIATIVE	
<p><a href="http://iddsi.org/">http://iddsi.org/</a> resources including dysphagia leaflets</p> <p><a href="#"><u>IDDSI testing methods</u></a></p> <p>IDDSI dysphagia leaflets easy read - level 5&amp;6 leaflets should not be used for young children unless directed by an SLT</p>	<p><a href="#"><u>L7 ETC</u></a></p> <p><a href="#"><u>6 – Soft and bite size</u></a></p> <p><a href="#"><u>5 – Minced and moist</u></a></p> <p><a href="#"><u>4 – Pureed</u></a></p> <p><a href="#"><u>3 – Liquidised</u></a></p>

Food & Nutrition Group – Prevention of Choking resources (September 2021)