

## Help prevent choking

Did you know that prevention of choking on food or liquid is a key safety issue?

We all have a role to help keep people safe from choking and potentially save lives.

While anyone can choke occasionally, there are key clinical conditions in which people are at higher risk of choking.

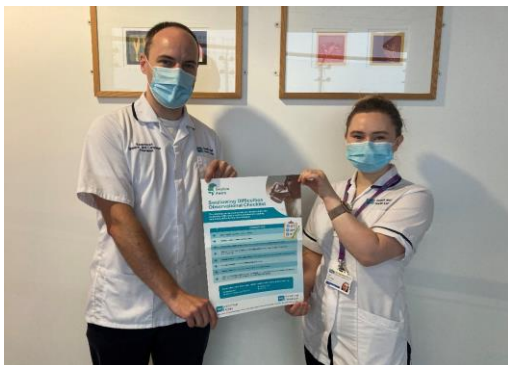
For example

- Stroke
- Progressive neurological conditions e.g. Parkinson's disease , MS , MND
- Dementia
- Learning disability
- Cerebral palsy
- Respiratory conditions
- Mental health conditions

This is an important area for safety which is relevant across all Programmes of care

Swallow safety is a key priority for the Trust and work is being progressed through the Multidisciplinary Food and Nutrition group.

There are resources available for the use of staff across the Trust to help prevent choking incidents. This is being promoted through Safetember 2021.



This short presentation (1min 30) will give you an overview of the resources available this may be useful for staff meetings and briefings. Click [here](#).

Click [here](#) for attachments and see what would be helpful for your setting.