

- Place the artificial eye in the shampoo and massage it using your fingers to clean it and remove any debris.
- Rinse the artificial eye with cooled, boiled water and replace it back into the socket.



Please remember

NEVER use chemical or harsh cleaners as these can damage the surface of the artificial eye, leaving it rough or abrasive. This can lead to irritation in the socket when the artificial eye is inserted again.

Baby shampoo is suitable to clean the artificial eye as it will not cause damage and can also be used to clean the rubber / plastic extractors.

It is advisable to clean your artificial eye once a week. Some people may find they only need to clean their eye once a month. How often you clean it depends on your own comfort levels and personal preference.

3. Inserting your artificial eye

- Wash your hands before touching your artificial eye.
- Use both hands to insert the eye. It is usually best to use your dominant hand to handle the eye and your non-dominant hand to lift and hold your eyelids.
- The upper eyelid can be lifted with one hand. Hold the eye between the thumb and index finger of your dominant hand. Looking down slightly, gently push the eye up and under the upper eyelid.
- When the eye is halfway into the socket, look up and pull the lower eyelid down to insert the remainder of the eye.

Further information

If you require any further information or advice, please contact us:

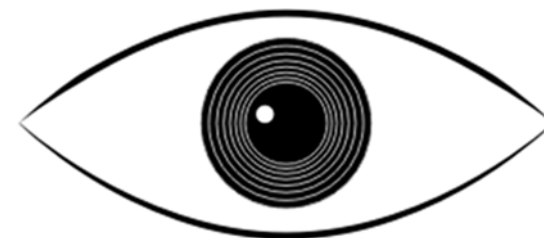
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How to care for your artificial eye



Patient information leaflet

It is important to undertake regular hygienic care of your artificial eye.

1. Removing your artificial eye

- Thoroughly wash your hands before touching your artificial eye.
- Position yourself in a well lit room, with easy access to a large mirror.
- A towel can be placed on the surface in front of you, eg. a table, to provide a soft surface for the eye should it fall.
- If you choose to do this at a sink, cover the sink with a towel to prevent your eye from falling into the sink or plug hole. In the bathroom, ensure the toilet lid is also closed.
- Your artificial eye can be removed using one of three methods:
 - ⇒ plastic extractor
 - ⇒ rubber extractor
 - ⇒ your fingers

Removing your artificial eye using a plastic extractor

- The extractor is a small, flat, plastic

device that helps lever / lift the artificial eye out of the socket.

- Your lower eyelid should be gently pulled down. This will expose the lower edge of your artificial eye.
- Then look up, place the thin edge of the extractor under the lower edge of your artificial eye and gradually ease the eye out with the extractor.
- Wash the extractor after use with liquid hand soap and hot water.

Removing your artificial eye using a rubber extractor

- This extractor is a small suction cup device made of rubber. It has an open end that is placed on the artificial eye to help remove it.
- Firstly, dip the open end of the extractor in cooled boiled water and shake off the excess. Place this end of the extractor onto the front of your artificial eye.
- Gently squeeze the length of the extractor halfway up. This will create suction on the eye.
- The extractor should now be firmly

attached to the eye. Gradually lift the eye up and out from the socket, tilting upwards from the lower eyelid.

- Wash the extractor after use with warm water and liquid hand soap. Dry on a clean towel (no direct heat).

Removing your artificial eye using your fingers

- Looking upwards, place your index finger along your lower eyelid, starting from the nose area to the cheek area. Gently press inwards, keeping your fingers as close to the lower lash line as possible.
- The lower edge of your artificial eye should slip out of the socket and over your lower eyelid.

2. Cleaning your artificial eye

- Any discharge on your eyelashes, eyelids or artificial eye can be wiped away using gauze or tissue moistened with cooled, boiled water.
- To clean your artificial eye, place a small amount of baby shampoo into the palm of your hand.