

Briefing for Elected Representatives

A newsletter from Belfast Health & Social Care Trust

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4 June 2021

Covid-19 Vaccines Available For Those Aged 40+

Do you have constituents that are aged 40+ and who have still not had their Covid-19 vaccine? If so, appointments are available at the SSE Arena and locally at participating community pharmacists.

The vaccination protects them and others, and helps everyone get back to normality.

Get all the information and booking details [here](#).



Ask a Dietician: FREE Webinar

We are running a FREE webinar on Friday 11 June at 12:30-1:00pm.

Open to everyone, a panel of dieticians will answer the most popular diet and nutrition questions voted for by you.

Click [here](#) to vote for questions prior to the event.

Click [here](#) to join the event live on the day.



Cancer Support E-Zine

Do you have constituents with cancer who are looking for help and support?

Why not direct them to this helpful [e-zine](#) packed full of useful information and contact details?



Celebrating our Volunteers

Our volunteers do an amazing job and we are so thankful to them for all the help they provide to people coming into our hospitals.

Check out our [Facebook](#) page where we have been highlighting a few of them this week.



Programme of Online Events for Carers

Many people are carers to family members or friends and a number of your constituents will be too.

In support of Carers Week 2021, we are hosting a virtual programme of online events and activities for Belfast carers from 7-13th June.

Your constituents can book their place by [Email](#) or Tel: 028 9504 2126.

CARERS WEEK 2021

VIRTUAL PROGRAMME OF ONLINE EVENTS AND ACTIVITIES FOR CARERS



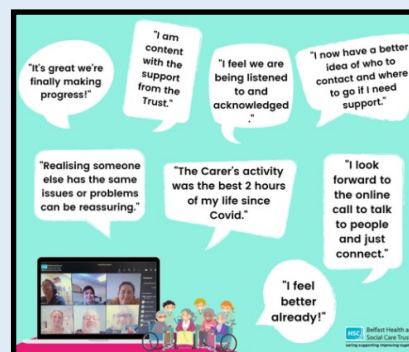
Belfast Health and Social Care Trust
caring supporting improving together

MON 7TH JUNE 10.30-11.30AM	COFFEE AND CHAT WITH CARERS TEAM	ZOOM
TUES 8TH JUNE 11.00-12.30, 2.00-3.30PM	<ul style="list-style-type: none"> • REGIONAL SELF CARE WEBINAR • CARING FOR AN ADULT WITH AUTISM 	ZOOM ZOOM
WED 9TH JUNE 2.00-3.00, 4.00-5.00PM	<ul style="list-style-type: none"> • CARERS CHAT WITH THE TRUST CHAIR • COOKING WITH CHEF JEFFERS 	MS TEAMS ZOOM
THURS 10TH JUNE 11.00-12.00PM	CARERS WALK IN BOTANIC PARK	Face to Face
FRI 11TH JUNE 7.00-8.00PM	CARERS QUIZ	ZOOM
SAT 12TH JUNE 11.00-12.00, 2.00-5.00PM	<ul style="list-style-type: none"> • REGIONAL GENTLE YOGA SESSION • MAKING MEMORY BOXES WITH CIARAN 	ZOOM ZOOM
SUN 13TH JUNE 7.00-9.00PM	BEAUTY SKINCARE WORKSHOP	ZOOM

Improving Wellbeing for Unpaid Carers

A group of Trust staff undertook a quality improvement project focusing on improving the wellbeing of unpaid carers within older people's services.

Carers were invited to join the project group to share their lived experiences and give feedback on where the Trust could improve. The group met every fortnight and have made significant progress in identifying areas for improvement around carer support & wellbeing while thoroughly enjoying working together.



Read more of our positive feedback [here](#).

If you would like to speak to a member of the Public Liaison Team please:-

Tel: (028) 9504 5888 or Email: publicliaison@belfasttrust.hscni.net

Wash your hands regularly



Keep your distance



Wear a face covering



Download the app
StopCOVID NI

