

Current Pathway for Mental Health Response for Older People in Belfast.

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Old Age

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Mental Health Services for Older People - Community

The Service includes:

- Consultant led Psychiatry of Old Age (POA) medical team
- Community Multi-Professional Mental Health Team for Older People (CMHTOP)
- Specialist Dementia Outreach Team



Older People's Mental Health Services

FEB 2021 Community resource

North	West	South	East	Castlereagh
<p>Consultant Community DCC 6.25</p> <p>Locum Specialty Doctor DCC 1</p> <p>CT Doctor</p>	<p>Consultant Community DCC 6.25</p> <p>Locum Specialty Doctor DCC 3</p>	<p>Consultant Community DCC 4.5</p> <p>Associate Specialist DCC 2.25</p>	<p>Consultant Community DCC 3.125</p> <p>Associate Specialist DCC 2.25</p> <p>ST Doctor</p>	<p>Consultant Community DCC 5.25</p> <p>Associate Specialist DCC 2.25</p> <p>GP Trainee</p>

CMHTOP

CPN 9
 Social Worker 5
 Occupational Therapist: 2.0
 Psychology Associate: 1.0

Specialist Dementia Outreach

Nurse Specialist 1.0
 OT 1.0 not in post
 Clinical Psychologist 1.0 not in post
 SLT 1.0 not in post



Referral Pathway

Single Point of Referral is the one point of entry into the service, accessible (Monday to Friday in hours) via:

- CCG (Mental Health Age 65+ & Specialist Dementia Service)
- Phoning: **028 9504 2700 (Emergency)**
- E-mailing: SinglePointMHSOP@belfasttrust.hscni.net



Referral Response Times

- Emergency 4hrs
- Urgent 10 working days
- Routine 9 weeks

- CCG Referral Advice 1 working day



Assessments

Take place in

- Care Homes
- Own Home
- Clinics
- Occasionally Hospice



Community POA/CMHTOP

Referral numbers to POA and CMHTOP for 2018-2020

	Jan – Dec 2018	Jan – Dec 2019	Jan – Dec 2020
POA	1,963	1,776	1,491
CMHTOP	1,459	1,398	1,135

Current consultant caseloads by sector

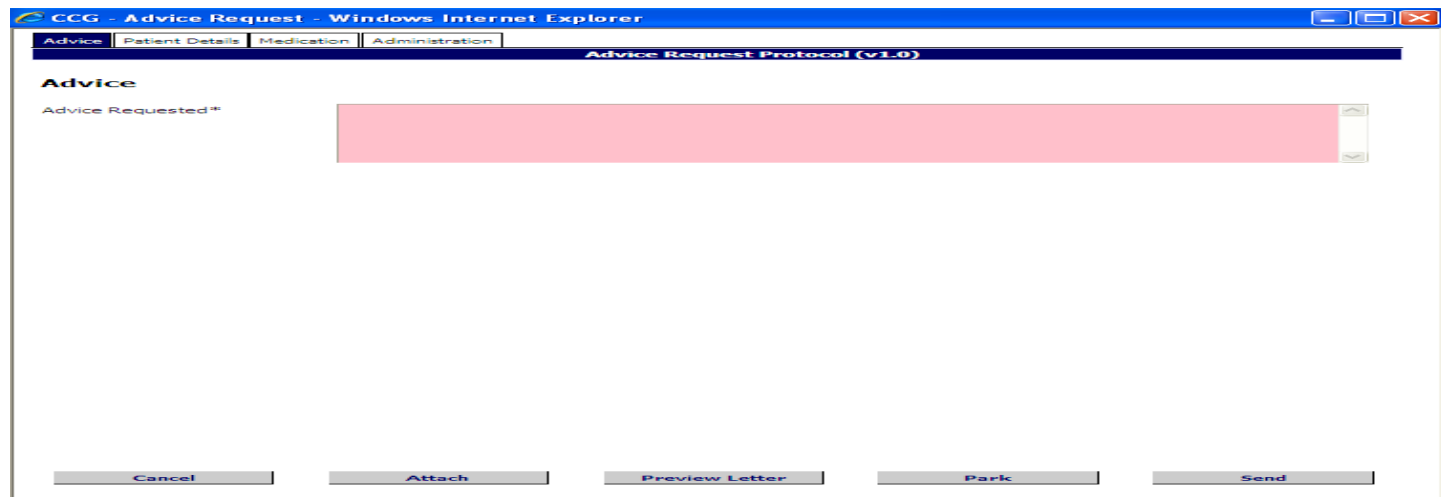
North	604
South	361
East	389
West	360
Castlereagh	440
Total POA Caseloads (Jan 2021)	2,154

Total CMHTOP Caseloads (Jan 2021)	518
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CCG Referral for Advice

MENTAL HEALTH AGE 65+ & SPECIALIST DEMENTIA SERVICE

Belfast Health and Social Care Trust



The screenshot shows a web browser window titled "CCG - Advice Request - Windows Internet Explorer". The browser has several tabs open: "Advice", "Patient Details", "Medication", and "Administration". The active tab is "Advice", which displays the "Advice Request Protocol (v1.0)". The main content area is titled "Advice" and contains a label "Advice Requested*" followed by a large, empty text input field. At the bottom of the page, there are five buttons: "Cancel", "Attach", "Preview Letter", "Park", and "Send".

- POA Consultant Delivered
- Monday – Friday
- 1 working day response - but usually same day
- Has delivered 175 advice responses since April 2020 – still under-utilised



CLEAR Model for Dementia Care



Mary



- *The CLEAR assessment process was used with staff. This framework utilises a series of interviews, observations and measures to gain an holistic picture of the individual. These include:*
- *Cohen-Mansfield Agitation Index*
- *Personal History*
- *Cognitive status*
- *Pain checklist*
- *Medication Record*
- *Behavioural Records with codes agreed by staff*
- *Interventions commence from the first visit with recommendations made based on the observations made*
- *Subsequent weekly visits will include a review of previous recommendations, with behavioural codes changed as necessary*
- *Cohen-Mansfield completed on final visit*
- *Care home is given copy of Understanding Mary and discharge summary.*



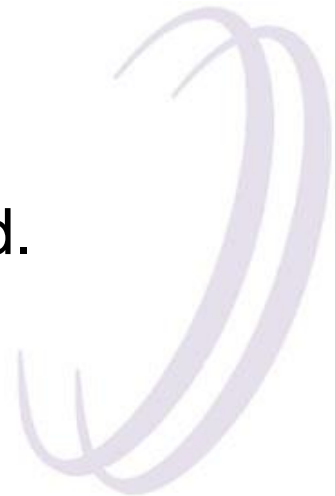
Specialist Dementia Outreach Team

- Assist in/lead the assessment and management of community patients with dementia displaying severe challenging behaviours who might otherwise require admission to the Dementia Inpatient Unit.
- Provide a Supported Discharge function to those who have required admission to the Dementia Inpatient Unit.
- Monday-Friday input.
- Requires POA Consultant referral

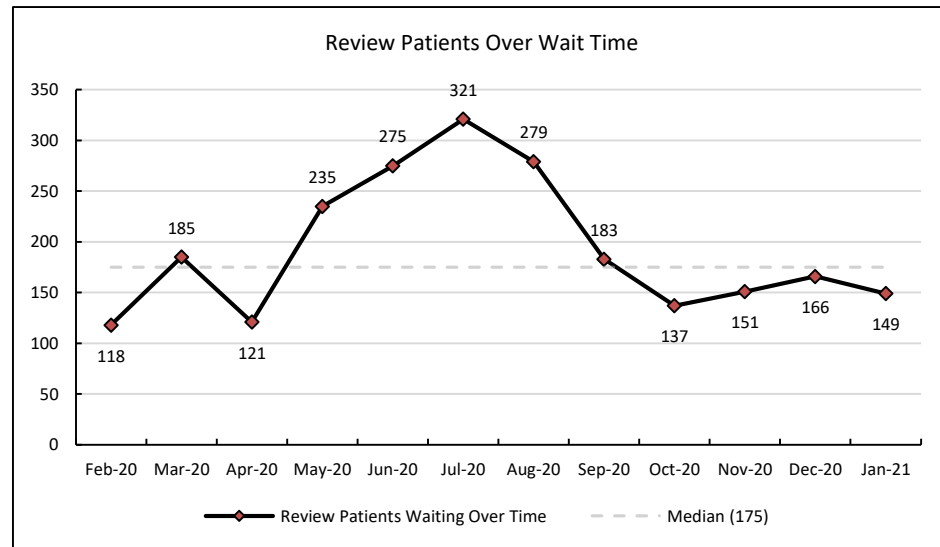
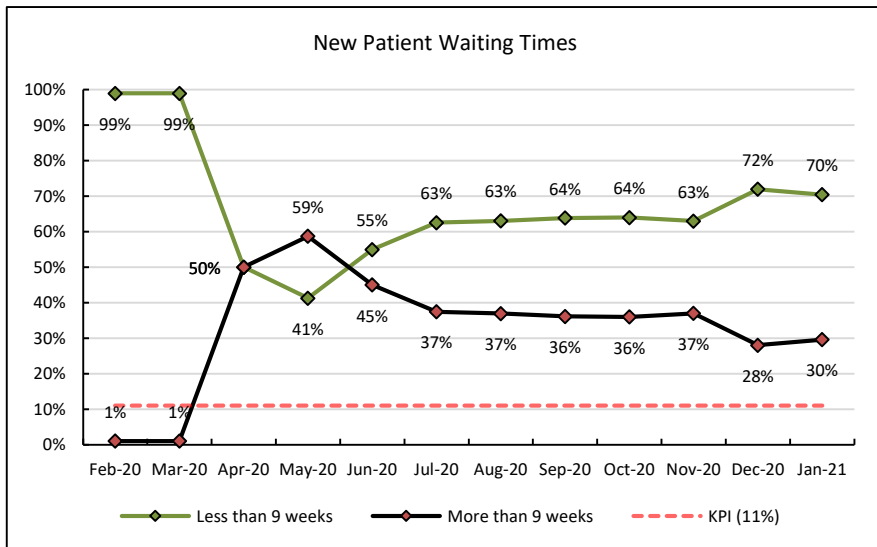


Mental Health Home Treatment Team

- Not a POA/Mental Health for Older People delivered service but accepts adults of all ages with Functional Mental Illness on the basis of need.
- Provide a 'gate-keeping' function to AMHIC and a supported discharge role.
- Older People on dedicated Consultant case-load.



POA Waiting List 2020



Achievement

- MSNAP Accredited Service
- High level of service user satisfaction
- High value data and performance monitoring
- QI Focus

Challenge

- Timely response
- Demand vs Capacity
- Limited "Covid Compliant" clinic spaces
- Technology 'gap'
- Virtual clinics v face to face
- DNA rates

Focus

- Ensure equity of service provision across all areas with new waits in line with whole service standard
- Actions**
- Recruit additional 1.5 WTE Consultants - Community DCC 8.5 additionality
 - Recruit Specialty Doctor

Questions



MSNAP COMPLIANCE

Level	Definition	Total number of standards	Standards Needed to Pass in Percent	Standards evidenced in Percent
1	Failure to meet these standards would result in a significant threat to patient safety, rights or dignity and/or would breach the law	80	Need 100%	93.75%
2	Criteria that a service would be expected to meet	98	Need 80%	76.53%
3	Standard that are aspirational, or standards that are not the direct responsibility of the service	17	Need 60%	41.18%
TOTAL AVERAGE of the three levels of standards		195	N.A.	80.51%
	<u>Sustainability principle</u> , which shows that the service is going to stay at high-level for a “long-time” Obtaining 90% of this, will award the Sustainable Service Accreditation	75	Need 90%	88.00%

