

# Staff Briefing



## Chairman's AWARDS

It's time to Nominate for the 2021 Chairman's Awards

[Download the application pack here](#)

Find answers to your COVID-19 questions [here](#).



Get the latest COVID Daily Update [here](#).



## Be UV Aware

NI is currently experiencing high UV levels.



Please remember to Protect your skin and eyes when the UV level is 3 or more.

<http://careinthesun.org>



CLICK HERE

## STOP THE SPREAD. TAKE THE TEST.

### WHY DO THE TEST?

It's quick and easy.  
It doesn't hurt.  
It will protect others.



Belfast Trust is rolling out rapid COVID-19 testing for all staff.

LAMP and Lateral flow testing is a way of rapidly tracking and managing confirmed and suspected COVID-19 cases within Belfast Trust.

### LAMP TESTING

LAMP testing requires staff to provide a fresh saliva sample that will be tested. Saliva samples will need to be provided by staff while they are at work. Using the [instruction leaflet](#), samples must be dropped off at designated collection points throughout the Trust. This will be initially rolled to staff at the Children's Hospital, Royal Jubilee, Royal ICU and Muckamore. If you work at any of these locations, please [click here to register](#).

### LATERAL FLOW TESTING

Rapid lateral flow tests help to find cases in people who may have no symptoms but are still infectious and can give the virus to others. The test involves taking a sample from your tonsils (or where they would have been) and from your nose, using a swab. You can get a result in 30 minutes.

You should do a rapid test twice a week (every 3 to 4 days) to check if you have the virus. If people test positive and self-isolate, it helps stop the virus spreading. Speak to your manager about getting a lateral flow testing kit, or you can order a testing kit [here](#).

For more information and guidance on how to use your Lateral Flow Test kit, please visit the [Public Health Agency website](#).

Read all the relevant information on LAMP and Lateral Flow Testing [here](#).

For further information contact the Occupational Health COVID-19 Advice Line on 028 9615 7222 or email [OHS-Optigene@belfasttrust.hscni.net](mailto:OHS-Optigene@belfasttrust.hscni.net).