



# **X-Ray Information**



# What is an x-ray?



An **x-ray** is a photograph that shows the inside of your body.

You can x-ray any part of your body.



The person who does your x-ray is called a radiographer.



Your radiographer gives your x-ray to your doctor or health professional.

The x-ray gives them information to help them look after you.



X-rays are not painful and are unlikely to cause your body harm.

# Before your x-ray



Go to the X-Ray Department.

Go to reception. They will book you in.



Let us know if you want or need someone to support you during the x-ray.

This could be a friend, family member or staff member.



Have a seat in the waiting room.



You **may** be asked to change into a hospital gown.

You can do this in a changing room.



You **may** need to take off your jewellery and glasses.



The radiographer **may** ask you if you are pregnant.

You **must** tell them if you could be pregnant. X-rays can harm unborn babies.



The radiographer will ask you if you are happy to have the x-ray.

You can say yes or no.



You can ask us questions at any time.

## **During your x-ray**



The radiographer will tell you to

- sit
- stand
- or lie down for the x-ray.



You need to stay still during the x-ray.

The x-ray should only take a few minutes.



The radiographer will stand behind a screen while they take the x-ray.

They can see and hear all the time.



The radiographer **may** ask you to hold your breath during the x-ray.



When your x-ray is finished you can get dressed.

The radiographer will tell you where to go next. For example, home.

### Results



Your doctor will tell you what the x-ray showed them. They will do this in 2 to 4 weeks.

We call this your results.

#### What we do with your x-ray



Your x-ray will be kept on our computers.

This means your doctors and other health professionals can look at them.



We might use your x-ray for learning, training or to check how well we work.

Please tell us if you do not want your x-ray used.

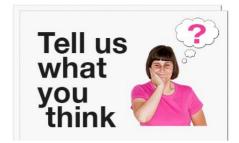
#### **Questions**



We can answer any questions you have

- when you come in for your x-ray or
- over the phone using the number on your appointment letter.

### Tell us what you think



Tell us what you think about your x-ray experience.

Use the contact information below.



**Telephone** 028 9504 8000

(Monday-Friday, 9am-4pm)



Textphone 18001 028 950 48000



**Email** compliments@belfasttrust.hscni.net



#### **Online**

www.belfasttrust.hscni.net/contact/FeedbackForm.htm

#### **Care Opinion**



Share your health and social care experiences at <a href="https://www.careopinion.org.uk">www.careopinion.org.uk</a> or by scanning the QR code.





