

## Aftercare Information for Patients and Carers following Computed Tomography (CT) Colonoscopy

This leaflet will provide you with general information and advice following your CT Colonoscopy. If you have any concerns or require further explanation, please discuss this with a member of the healthcare team caring for you.

If you have your own food or drink with you, please feel free to consume.

Vision can remain slightly blurred and/or experience a 'dry mouth' for up to 30 minutes following the muscle relaxant Buscopan injection.

**Your IV cannula will be removed at ..... : ..... hrs.** Please do not leave the department with your IV cannula in situ.

### AFTER LEAVING THE CT DEPARTMENT

You may experience abdominal discomfort for the next few hours. Returning to your normal diet and physical activity can ease any remaining discomfort. We recommend you drink plenty of fluids for the following 2-3 days post procedure to prevent dehydration.

The injection of Buscopan may also cause temporary blurring of vision, usually lasting for up to 30 minutes. **DO NOT DRIVE UNTIL VISION HAS RETURNED TO NORMAL.** If you develop blurred vision whilst driving, please stop and do not drive until vision has returned to normal.

You should take your medication as normal. Pain killers may be taken, if required.

**Advice for patients with diabetes:** Take your insulin or other medication as advised by your diabetic nurse specialist/diabetes care provider.

### COMPLICATIONS

Complications are extremely rare. However, please seek medical advice from your GP or the Accident & Emergency Department if you experience any of the following over the subsequent 24 hours:

- Severe abdominal pain
- Increasing painful abdominal discomfort
- Sweating or nausea
- Feeling generally unwell

If you experience blurred vision or painful red eyes over the subsequent 24 hours, this could be a reaction to the muscle relaxant

Buscopan injection. Although rare, please seek immediate medical advice from your local optician or Royal Victoria eye casualty (028 9615 1944). Select option 3 for Eye casualty.

During your CT Colonography procedure, an injection of contrast or x-ray dye may have been administered. Allergic reaction to the contrast is extremely uncommon, but may manifest itself as itching or hives. Please seek medical advice and contact the CT department.

### RESULTS

You scan will be interpreted by a Consultant Radiologist and a written report sent to your referring consultant to issue your results. You should receive your results within 4 weeks. Please contact your referring consultant's secretary if you have any concerns.

### CONCERNS & QUERIES

If you have any queries or issues, please contact the CT department you were scanned in:

**Belfast City Hospital:** 028 95041120 / 028 95042655