

Without Buscopan

Aftercare Information for Patients and Carers following Computed Tomography (CT) Virtual Colonoscopy

Please read the following information for your own comfort and wellbeing.

Following your examination, we will ask you to wait in the observation area with your iv cannula in situ for a short time so that you can recover from your test.

Your IV cannula will be removed at : hrs.

Please do not leave the department until you have been assessed by a member of staff and your IV cannula has been removed.

AFTER LEAVING THE CT DEPARTMENT

You can now start eating and drinking as normal, although we do advise that you have only a light meal to start with.

Mild abdominal pain and continued diarrhoea is common for 24 hours after the test.

Returning to your normal diet and physical activity can ease any remaining discomfort. Pain killers may be taken if required.

We recommend you drink plenty of fluids for the following 48 hours post procedure to prevent dehydration.

You should take your medication as normal.

Advice for patients with diabetes: Take your insulin or other medication as advised by your diabetic nurse specialist.

COMPLICATIONS

Complications are extremely rare. However please go to your local Accident & Emergency Department if you experience any of the following over the next 4 days:

- Severe or increasing abdominal pain
- A hard or swollen abdomen
- Fever or chills
- Persistent vomiting
- Heavy rectal bleeding
- Feeling faint, collapsing or becoming very unwell.

During your CT Colonography procedure, an injection of contrast or x-ray dye may have been administered. Allergic reactions to the contrast are extremely uncommon but may manifest itself as itching or hives. Please seek medical advice and contact the CT department if you are concerned you may have had an allergic reaction.

RESULTS

You scan will be interpreted by a Consultant Radiologist and a written report sent to your referring consultant to issue your results. You should receive your results within 4 weeks. Please contact your referring consultant's secretary if you have any concerns.

CONCERNS & QUERIES

If you have any queries or issues, please contact Belfast City Hospital CT department on: 028 9502655 / 028 95041120/ 02895044610 The CT department working hours are Mon- Fri 08.30-17.00 hrs.