

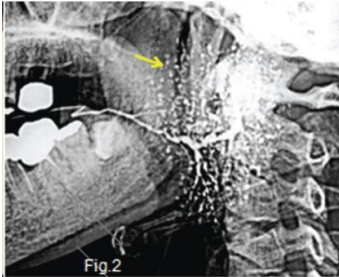
Sialogram Tests



Learn about

- ✓ **sialogram tests**
- ✓ **and how to get ready for one.**

What is a Sialogram?



A Sialogram is a test that takes X-ray pictures of your **saliva glands**.

Saliva glands make spit and send it into your mouth through small tubes called ducts.



The test checks if the tubes between your saliva glands and mouth are working well.

It will show if something is blocking them.



The test is done by a **Radiologist**.

Radiologists are trained experts in doing X-rays.



The test helps us find out

- ✓ if the saliva tubes are working
- ✓ if anything is blocking them
- ✓ how to help you.

How safe is the test?



Sialogram tests are very safe for most people.



The test uses a small amount of X-ray.

Staff will make sure the X-ray is as safe as possible.



The test uses a special dye to help show your saliva glands.

Some people are allergic to the dye.
Tell the staff if you have had a reaction before.

Can I have a different test?



Your doctor has decided that a sialogram is the best test for you.

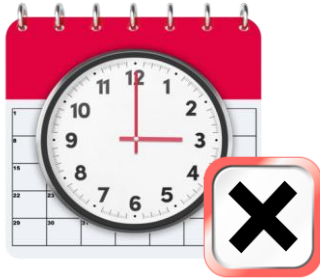
The test will help them

- ✓ understand your health better
- ✓ and plan any treatment you may need.



Ask your doctor if you want to know about other tests you could have instead.

Before your appointment



Tell us if you can not come to your appointment

We can find you a better date and time to have the test.



Tell us if you use a wheelchair or find it hard to stand and move around.



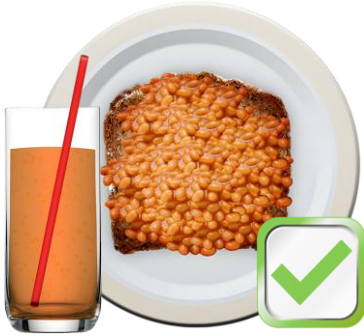
Tell us if you might be pregnant.



If you have any questions you can

- ✓ call the phone number on your appointment letter or
- ✓ ask us on the day of your test.

What happens on the day?



You can eat and drink as normal.



Go to the hospital radiology department.

Staff will check your name and details.

A staff member will call you from the waiting area.



You can ask to have someone with you while you have the test.



Please tell staff if you

- ✓ are pregnant
- ✓ might be pregnant
- ✓ have any allergies

We might ask you to sign a form to show you have told us you are not pregnant.

Giving your consent



You will be asked if you are happy to have the test.

This is called **consent**.

You can say yes or no.



Sometimes you will be asked if students can watch your test being done.

You can say yes or no to this.



You can ask questions at any time.

What happens during the test?



You will be asked to rinse your mouth with lemon flavoured liquid.

A spray called local anaesthetic will be used to make your mouth numb.

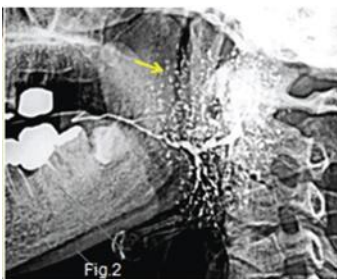


You will be asked to lie down on your back on a special table.



A thin plastic tube will go into a tiny hole in your mouth.

A small amount of special dye will go through the tube and into the saliva gland.



The X-ray camera will take pictures while this happens. This helps the doctor to see where the problem is.



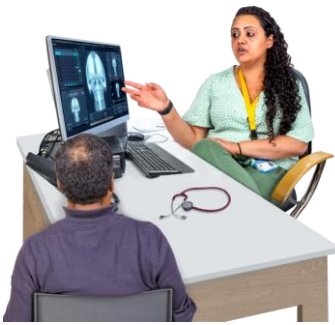
You can go home when the test is finished.

Getting your results



The radiologist will write a report after your test.

The report is sent to the doctor who sent you to get the Sialogram.



You may be able to talk to the radiologist about your results.

You will talk about the results at your next appointment with your doctor.

Contact Us



If you have any questions you can

- ✓ call the phone number on your appointment letter
- ✓ call 02896150971 or 02896150113
- ✓ ask us on the day of your test.

What happens to your X-rays?



Your x-ray pictures are saved on a computer.

Only your care team can see them.

This helps doctors share the right information safely.



We might use your x-ray to train staff or check how well we work.

No one will know they are your x-rays.

Tell a member of staff if you do not want this to happen.



We will ask you first if we want to use your xrays for research.

Care Opinion



Share your health and social care experience at

➤ www.careopinion.org.uk

➤ or by scanning the QR code.

Feedback



Tell us if you find the information in this leaflet helpful.

Use the contact information below.



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(Monday-Friday, 9am-4pm)



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