

10 August 2022

Advice given on infant skincare including the bathing of babies

Enquiry:

I would like to make the following freedom of information request to your NHS Trust:

1. What antenatal advice does the trust routinely give to mothers about infant skincare including the bathing of babies?
2. What postpartum advice does the trust routinely give to mothers about infant skincare including the bathing of babies?

Response:

All women get the 'Pregnancy Book' issued by the PHA when booking and the 'Birth to five' book (another PHA publication) post-birth.

The books contain advice related to all aspects of pregnancy and new-born care, including skin care and baby bathing.

Following birth, women on postnatal wards receive advice from midwives which is based on the information in the 'Birth to five' book.

'Birth to five' can be downloaded from the PHA website: [Birth to five | HSC Public Health Agency \(hscni.net\)](https://www.hscni.net/pha/birth-to-five)