

8 November 2022

ADHD Services

Please provide the following information on ADHD services:

- 1. What is the Trust's referral procedure or pathway for (a) children and (b) adults seeking an ADHD assessment?**

(a) Children:

Referrals can be made via GP, Educational Psychology or hospital paediatric services to Belfast Trust ADHD Service for Children. Once the referral has been received and triaged, it is logged to the ADHD waiting list.

- (b) Adults:** GP's can make referrals to Belfast Trust requesting an assessment for ADHD. Once the referral has been received and triaged, it is logged to the ADHD waiting list.

- 2. In respect of (a) children and (b) adults with an ASD diagnosis, does the Trust have a policy to screen and/or assess co-existing conditions such as ADHD?**

The autism diagnostic process considers differential diagnosis such as ADHD, however, the ASD Service does not offer ADHD assessment. Instead, an onward referral would be made for relevant assessment. We are currently progressing a pilot looking at a single assessment pathway for completion of ASD/ADHD assessment, which would reduce the need for children and young people to be on separate waiting lists.

- 3. If so, what is the screening and/or assessing procedure, in respect of (a) children and (b) adults?**

Within neurodevelopmental history-taking, differential diagnosis is considered as part of the diagnostic formulation.