

18 November 2022

Electroconvulsive Therapy (ECT)

- 1. On the ECTAS (ECT Accreditation Service) members site, Belfast Trust is listed as a member but there is no accreditation date. Is Belfast Trust currently accredited with ECTAS and if so, until when?**

Belfast Trust had its ECTAS inspection in July 2022. Its accreditation will be renewed by the ECTAS committee at the next approval meeting in December 2022.

- 2. Does the Trust have a 'Policy and Procedure for Administration of ECT'? If so, please provide a copy**

Yes. Copy attached.

- 3. What specific data is collected about people who are given ECT? Specifically: is data collected about Sex, Age, Ethnicity, Voluntarily (consent given) or Involuntary**

Data is collected on sex, age and consent status.

At present we do not collect information on ethnicity as this is not an ECTAS standard.

- 4. Is there a record of how many people are given ECT each year?**

Yes, Belfast Trust records the number of individuals who receive ECT each year.

- 5. What measure is used to test cognitive functioning before a session of ECT and after?**

Belfast Trust uses the Comprehensive Psychopathological Rating Scale (CPRS) tool as recommended by ECTAS.

The Service also utilises the Folstein Mini-Mental State Examination.

- 6. Is data collected/recorded on: the number of times ECT is given, the voltage used, unilateral or bilateral, any complications?**

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Data is collected and recorded on the all the specified categories named in the question.