

29 March 2023

Adult ADHD Services

I wish to make the following Freedom of Information request in relation to the provision of Adult ADHD services within your Trust area:

1. What is the Average wait time for an ADHD diagnosis for Adults within the Trust Area?

The current waiting time for adults is 3 years.

2. What is the current target waiting time for ADHD diagnosis?

Referrals to ADHD fall within the 13 weeks waiting time target.

3. When was the last time the ADHD service met the maximum waiting time target, as set by the Health and Social Care Commissioning Plan and Indicators of Performance Direction?

Due to workforce challenges, it has not been possible to meet the 13 week target in this unfunded service.

4. What ADHD services are commissioned for Adults in the Trust area? Are the commissioned services in proportion to the levels of ADHD suspected in the population?

There are no ADHD services commissioned for Adults in Mental Health services.

Assessments are carried out by a small team within core Community Mental Health Services.

There are a number of individuals with a diagnosis of ADHD who are continually monitored by our Community Mental Health Teams.

5. How much funding is allocated to ADHD services in the Trust area?

There is no commissioned funding for ADHD within Mental Health Services

6. If Adults have a private diagnosis of ADHD, are they accepted into the Trust ADHD services?

Adults who present having had a private diagnosis are added to the waiting list for ADHD.

If considering assessment privately, patients should be aware that the prescribing of any medication will require discussion with their GP. This type of medication requires a shared care arrangement with the GP. It is helpful for the patient to discuss this with their GP, prior to arranging a private assessment.

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7. What interventions are offered to adults whilst they are waiting to be seen for their ADHD diagnosis appointment?

Each case is triaged based on clinical presentation and, if input is indicated, the referral is direct to the appropriate team.

8. Has a patient impact assessment been completed by the Trust for those on the ADHD waiting list? For the individual and their family / carers?

No

9. Does the Trust area allocate any funding to the voluntary sector for ADHD support services?

No

10. How has ADHD been considered in the Recent Mental Health strategy?

The strategy does not specifically reference ADHD.

11. How are co-morbid conditions managed within the ADHD Adult service?

Assessments are carried out by a consultant psychiatrist and are holistic and, if clinically indicated, a service user's care may be shared with GP and / or other teams.