

NEWSLETTER

For Elected Representatives

Introducing My Care your patient portal

What is My Care?

My Care allows you to take more ownership of your health journey by providing secure access to some of your health records. It is available as an app or through a web browser on a digital device.

It lets you securely see some of your health information online for example:

-  Medications and treatment information
-  Appointment information
-  Messages from health and care teams

My Care is free. You do not have to use it. Letters and phone calls will continue to be used.





Download the My Care app today!

Watch the video above for more information on creating an account and downloading the My Care app.

Please note: My Care does not hold historical records so when you first start to use My Care there will not be much detail about you on it. As you use Health and Social Care Services more information will be added. For all the latest updates on My Care please visit <https://dhcni.hscni.net>

Where to go if you need help?

The regional My Care Helpdesk is on hand to answer your My Care queries from Monday to Friday, 9am to 5pm. You can contact them as follows:

-  028 9536 8180
-  mycarehelpdesk@hscni.net

