

7 February 2024

## Gender Identity Services

1) Annual data - For each year from 2014 onwards (or, if 2014 is not available, from the most recent year available), please provide:

- The number of people who received a referral for a first appointment

### Adult Service

2017 = 186  
2018 = 229  
2019 = 160  
2020 = 143  
2021 = 187  
2022 = 208  
2023 = 248

### Child & Adolescent Mental Health Service

2016 = 73  
2017 = 76  
2018 = 60  
2019 = 55  
2020 = 68  
2021 = 64  
2022 = 58  
2023 = 35

- The number of people who were offered a first appointment

### Adult Service

2017 = 40  
2018 = 15  
2019 = <5  
2020 = 37  
2021 = 57  
2022 = 27  
2023 = 15

**Use of <5 (less than five):** We are unable to provide an exact figure - exempt from release under Section 40(2) of the Freedom of Information Act, as the small numbers involved could make patients personally identifiable. Disclosure would constitute a breach of the principles of the General Data Protection Regulation 2018.

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Child & Adolescent Mental Health Service

Data only available from 2018

2018 = <5  
2019 = <5  
2020 = 40  
2021 = <5  
2022 = <5  
2023 = 6

- **The average (mean) wait in weeks for a first appointment**

Adult Service

Belfast Trust does not hold this information.

Child & Adolescent Mental Health Service

Data is available for the following years only:

2018 = 50 weeks  
2020 = 33 weeks  
2023 = 106 weeks

- **The longest wait in weeks a patient waited for a first appointment**

Adult Service

Belfast Trust does not hold this information.

Child & Adolescent Mental Health Service

121 weeks

- **The number of people who received a second appointment**

Adult Service

Belfast Trust does not hold this information.

Child & Adolescent Mental Health Service

Belfast Trust does not hold this information.

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- **The average (mean) wait in weeks for a second appointment**

Adult Service

The Trust does not hold data on second appointment wait times. Waiting times for a second appointment vary for each individual, depending on their initial assessment.

Child & Adolescent Mental Health Service

The Trust does not hold data on second appointment wait times. Waiting times for a second appointment vary for each individual, depending on their initial assessment.

- **The longest wait in weeks a patient waited for a second appointment**

Adult Service

The Trust does not hold data on second appointment wait times. Waiting times for a second appointment vary for each individual, depending on their initial assessment.

Child & Adolescent Mental Health Service

The Trust does not hold data on second appointment wait times. Waiting times for a second appointment vary for each individual, depending on their initial assessment.

**Additionally, for each month for which there is data available between Jan 2014 and the most current date available at the point of production, please provide:**

**2) First appointments**

- **The number of people waiting for a first appointment**

Adult Service

2017

October = <5      November = 9      December = 7

2018

January = 6	February = <5	March = 7	April = 9
May = 12	June = 7	July = 7	August = 11
September = <5	October = 12	November = 8	December = 10

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2019

January = 11	February = 6	March = 7	April = 8
May = 8	June = 8	July = 13	August = 7
September = 8	October = 8	November = 9	December = <5

2020

January = 11	February = 10	March = 9	April = <5
May = <5	June = 6	July = 7	August = <5
September = 10	October = 6	November = 9	December = 8

2021

January = 14	February = 11	March = 7	April = 11
May = 7	June = 19	July = 14	August = 11
September = 6	October = 9	November = 6	December = 13

2022

January = 7	February = 16	March = 18	April = 18
May = 12	June = 19	July = <5	August = 31
September = 14	October = 18	November = 13	December = 7

2023

January = 20	February = 20	March = 10	April = 18
May = 16	June = 20	July = 19	August = 23
September = 14	October = 25	November = 15	December = 13

2024

January = <5

Child & Adolescent Mental Health Service

The service does not collate retrospective waiting lists. Currently waiting = 47

• **The number of people offered a first appointment**

Adult Service

See response at Question 1. Patients who have been referred will be offered a first appointment in due course.

Child & Adolescent Mental Health Service

The service are offering first appointments to individuals referred on or before September 2021.

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- **Of the people who are being offered a first appointment, the month and year in which they were referred.**

Adult Service

The service are offering first appointments to individuals referred on or before October 2017.

Child & Adolescent Mental Health Service

The service are offering first appointments to individuals referred on or before September 2021.

- **If available, the average (mean) time in weeks from referral to first appointment.**

Adult Service

Belfast Trust do not hold this information.

Child & Adolescent Mental Health Service

Belfast Trust does not hold this data

- **If available, the longest wait time for a first appointment**

Adult Service

Belfast Trust do not hold this information. However, we can advise that the current waiting time is 6 years, 3 months.

Child & Adolescent Mental Health Service

121 weeks

### 3) Second appointments

- **The number of people who have received a first appointment and are waiting for a second one -The number of people offered a second appointment -If available, of the patients who are being offered a second appointment, the month in which they were initially referred.**

Adult Service

Belfast Trust do not hold this information.

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Child & Adolescent Mental Health Service

Belfast Trust do not hold this information.

- **If available, the average (mean) time in weeks from referral to second appointment.**

Adult Service

Belfast Trust do not hold this information.

Child & Adolescent Mental Health Service

Belfast Trust do not hold this information.

**4) Overview**

- **The number of new referrals received**

Adult Service

2017 = 186  
2018 = 229  
2019 = 160  
2020 = 143  
2021 = 187  
2022 = 208  
2023 = 248

Child & Adolescent Mental Health Service

2016 = 73  
2017 = 76  
2018 = 60  
2019 = 55  
2020 = 68  
2021 = 64  
2022 = 58  
2023 = 35

- **The number of people currently waiting for some type of treatment or appointment**

Adult Service

The Trust only holds data on the total number of people awaiting a first appointment, which is 820.

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Child & Adolescent Mental Health Service

47

- **The number of people who complete treatment**

Adult Service

Service discharges per year:

2017 = 72  
2018 = 42  
2019 = 31  
2020 = 30  
2021 = 14  
2022 = 21  
2023 = 42

Child & Adolescent Mental Health Service

Service discharges per year:

2016 = 49  
2017 = 51  
2018 = 39  
2019 = 38  
2020 = 10  
2021 = 14  
2022 = <5  
2023 = <5