

4 March 2024

## **Adult ADHD Assessment and Treatment Services**

**I am requesting information on Adult ADHD assessment and treatment services provided by your Trust, specifically:**

**1. Referrals for ADHD assessment:**

- a. Number of adults referred for ADHD assessment, categorised by referral source for each of the past 5 years.**

This data is not captured by Belfast Health and Social Care Trust in a way that will facilitate response to the above request.

**2. Wait Times for ADHD Assessment:**

- a. Minimum, maximum, and median wait times from referral to the first ADHD assessment by referral source over the past 5 years.**

This data is not captured in a way that will facilitate response to the above request.

**3. ADHD Assessments Completed:**

- a. Number of adults assessed for ADHD, broken down by referral source, for each of the past 5 years.**

This data is not captured in a way that will facilitate the above request. The limited resource provides a combination of new and review appointments, and this can vary.

**4. Consultant Resources:**

- a. Details on consultant resources allocated to adult ADHD assessments over the past 5 years.**
- b. Details on consultant resources allocated to adult ADHD assessments in the next 2 years.**

Belfast Trust reconfigured a small resource (0.5 Consultant Psychiatry) from within adult teams.

It is hoped that a review of ADHD service provision will inform future funding decisions.

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**Additionally, please provide:**

**5. ADHD Referral and Assessment Pathway:**

**a. Current documentation outlining the adult ADHD referral and assessment pathway, including triage and discharge processes.**

The current referral pathway is via General Practitioner. There is no formal pathway that covers the above currently in situ.

**6. Triage Guidelines:**

**a. Guidelines for triaging ADHD referrals, specifically detailing criteria for priority and urgent cases.**

There are no current guideline documents in situ.

**7. Future Plans:**

**a. Latest draft plans or documents for the provision, expansion, or restoration of ADHD services within your Trust.**

**b. Target implementation dates where available.**

There are no current draft plans or documents.