

11 October 2024

## Long COVID Clinics

### 1. Can you list each Long Covid Clinic for Adults in your Trust?

Belfast Trust currently offers a specific Post-Covid Clinic to Adults who reside within the Belfast area. We currently accept patients from the age of 15. The clinic offers a GP, Physiotherapy and Occupational Therapy assessment, with onward referrals dependent on symptoms.

### 2. Can you list each Long Covid clinic for Children in your Trust?

There are no specific clinics for Children with Long Covid in the Trust

### 3. If you have no Long Covid clinics, can you detail what services you provide for Adults with Long Covid?

Post-Covid Service currently operational within the Belfast Trust.

### 4. If you have no Long Covid clinics, can you detail what services you provide for Children with Long Covid?

Some children with Long Covid, within their clinical picture, have been referred to Physiotherapy through the Regional Respiratory clinic with issues such as Dysfunctional Breathing.

Some other referrals have been received from General Paediatrics, with a mixed picture of respiratory and fatigue symptoms.

Physiotherapy intervention has focused on assessment of breathing pattern disorder and a graded return to exercise.

We have not developed a specific protocol or pathway for these referrals.

### 5. Have any clinics or services closed down during the current calendar year?

The Post-Covid Service has continued throughout the current calendar year, with no clinics or services being closed down.

### 6. Are any of your existing Long Covid clinics/services intending to close in the near future?

The Post-Covid Service is currently awaiting a decision regarding future funding for the next financial year.