

11 November 2024

Active Surveillance for Men Diagnosed with Prostate Cancer

Please could you give us current information in relation to how prostate cancer patients are managed when they are eligible for active surveillance/monitoring, including:

- **Inclusion criteria**
- **Diagnosis and treatment decision support**
- **Follow-up pathways and protocols**
- **Follow-up testing frequencies**
- **Triggers for stopping active surveillance**

In response to this Freedom of Information request, as to how the Belfast Trust Urology Department manage prostate cancer patients when they are eligible for active surveillance/monitoring, including: Inclusion criteria; Diagnosis and treatment decision support; Follow-up pathways and protocols; Follow-up testing frequencies; and Triggers for stopping active surveillance, the Belfast Trust Urology Service follows NICE guideline [NG131]- <https://www.nice.org.uk/guidance/ng131>;

In addition, more recently we have also adopted STRATCANS (Thankapannair, Vineetha et al. "Prospective Implementation and Early Outcomes of a Risk-Stratified Prostate Cancer Active Surveillance Follow-up Protocol." European Urology OpenScience Vol.49 15-22. 24 Jan. 2023, doi:10.1016/j.euros.2022.12.013).