

2 December 2024

## Adult Eating Disorder Services

**1. All available treatment pathways for patients with eating disorders in the Trust’s various specialist services (e.g. inpatient / day patient / community)?**

All treatment pathways for Adult Eating Disorders are incorporated into the You in Mind Pathway document.

<https://www.familysupportni.gov.uk/Content/uploads/userUploads/HSCB-Eating-Disorder-Pathway.pdf>

**2. The number of eating disorder patients in total on each available pathway and in each available setting so far this year and in each of the past 5 years.**

We do not have the specific pathways listed above and therefore we cannot supply a breakdown of patients within them.

As for patients on the caseload of each Trust team over the past 5 years please see below.

YEAR	BHSCT	NHSCT	SHSCT*	WHSCT	REGION
2018/19	162	106	133	121	522
2019/20	156	104	148	126	534
2020/21	235	107	140	145	627
2021/22	186	143	130	128	587
2022/23	186	127	109	166	588
2023/24**	73	61	115	46	295

**3. The number of patients in total with an eating disorder that have died of any cause so far this year and in each of the past 5 years.**

The Trust only collect data on deaths relating to Eating Disorder if ‘Eating Disorder’ has been incorporated onto the Death Certificate. This will only have happened if the patient was open to an Eating Disorder Service and has received the formal diagnosis.

The Service can confirm that in the past five years there have been less than five patients who have died within the Belfast and South Eastern Trust locality where ‘Eating Disorder’ (either Anorexia Nervosa or Bulimia Nervosa) has been included on their Death Certificate.

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- 4. Of the patients in question three, above, please provide the location in which the death occurred, for example, in an acute hospital, in the Specialist Eating Disorder Unit, in a palliative care setting, elsewhere in the Trust, or outside any Trust setting.**

The service can advise that each of the individuals mentioned in the aforementioned question died at home. We have not had any patients managed in a Palliative Care Setting (such as a hospice).

- 5. Please provide a copy of your Trust's SEED (Severe and Enduring Eating disorder) pathway or similar pathway for patients with long-standing eating disorders**

We do not have a SEED pathway. Dr David Coyle is currently involved in the Specialist Working Group organised by the Royal College of Psychiatrists on this topic.