

10 March 2025

Addiction Services

1. Residential Rehabilitation Services

- Please provide a list of all residential rehabilitation services to which the Belfast Trust has referred or funded individuals from 2020 through 2024.

Carlisle House is the only funded Tier 4b service utilised by Belfast Trust

2. Annual Referrals to Residential Rehab

- For each year (2020, 2021, 2022, 2023, and 2024), please provide the total number of individuals the Belfast Trust funded to attend residential rehabilitation.

Trust Contracts run via financial year therefore data requested has been presented in this way.

2020/2021	2021/2022	2022/2023	2023/2024	2024/2025
50	50	50	50	50

3. Average Cost of Residential Rehab

- What is the current or projected average cost (per person) to the Belfast Trust for residential rehabilitation in 2025? If a precise figure is not yet available, please provide the most recent or estimated figure.

Cost per person in 24/25 was £7,632.84

4. Completion Rates

- For each year (2020 through 2024), what percentage of individuals funded by the Belfast Trust completed their full course of residential rehabilitation?

	2020-2021	2021-2022	2022-2023	2023-2024
Admission & Completion Rate	87.5%	94.7%	76.6%	88.8%

5. Post-Rehab Engagement

- For each year (2020 through 2024), what percentage of individuals continued to engage with the Belfast Trust or a community addiction team for at least four weeks after being discharged from residential rehabilitation?

10 March 2025

The service does not hold this data

6. Admissions for Cocaine Use

- For each year (2020 through 2024), how many individuals were admitted to residential rehabilitation specifically for cocaine-related issues?

The data held below is in relation to referrals to Carlisle House with cocaine related issues.

Year	No of Clients Admitted with cocaine use
20-21	6
21-22	10
22-23	28
23-24	20

7. Presentations for Cocaine Use

- For each year (2020 through 2024), how many individuals presented to the Belfast Trust (e.g., community addiction services, outpatient services, etc.) with problems specifically related to cocaine use?

The service does not hold data pertaining to specific clinical presentations

8. Long-Term Success Rates

- Does the Belfast Trust hold data on the success rates of individuals after discharge from residential rehabilitation? If so, for each year (2020–2024), please provide:
 - The percentage of individuals who maintained abstinence or significantly reduced substance use one week after discharge.
 - The percentage of individuals who maintained abstinence or significantly reduced substance use one month after discharge.
 - The percentage of individuals who maintained abstinence or significantly reduced substance use one year after discharge.
- If “success” is defined differently (e.g., completion of aftercare, reduced relapse rates, etc.), please provide the definitions and any available data.

10 March 2025

The Service does not hold this data on success rates post discharge from residential rehabilitation.

- 9. Criteria for Measuring Success (Optional but can help clarify the data)**
- **What criteria or methodology does the Belfast Trust use to measure “success” in residential rehabilitation programs (e.g., self-report, follow-up assessments, re-referrals)?**

Belfast Trust Community Addiction service reviews patient progress within a weekly Multi-disciplinary meeting. All clients are offered a 7 days follow up appointment by a member of Community Addiction Team post discharge from a residential rehabilitation programme. Further treatment and residential discharge plan discussed and agreed at 7 day follow up.

At the present time there is no standardised outcome measure being utilised, however there are regional discussions around the commencement of using TOP (Treatment Outcome Profile) across addiction services.