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Perineal Tears and Obstetric Practice

Survey of perineal tears and obstetric practice in the UK

We would appreciate if you would kindly complete this short but important survey. This information would help us to establish accurate prevalence data and establish the current national practice regarding follow-up of third- and fourth-degree tears between 31st December 2023- 1st January 2025 and correlate data with the maternity dashboard.

Name of Hospital / Unit	Royal Jubilee Maternity Hospital			
Address	274 Grosvenor Road, Belfast, BT12 6BA			
	Total	Primiparous	Multiparous	Don't Know
All Births (Babies Born)	4594	1966	2617	11
Vaginal deliveries (Babies Born)	2236	683	1547	6
Forceps deliveries (Babies Born)	183	161	21	<5
Ventouse deliveries (Babies Born)	401	288	112	<5
Failed ventouse → Forceps deliveries	18	14	<5	0
Caesarean Section (Babies Born)	1774	834	937	<5
Elective caesarean section (Babies Born)	893	263	630	0

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Emergency caesarean Section (Babies Born)	881	571	307	<5
Second degree tears	839	386	453	0
Sutured second degree tears	833	385	448	0
Episiotomies	861	681	180	0
Third degree tears	31	26	5	0
3a	10	8	<5	0
3b	18	15	<5	0
3c	<5	<5	0	0
Fourth degree tears	<5	0	<5	0
Rectal buttonhole tear	0	0	0	0
Type of Hospital/Unit? (please X or ✓)	Free-standing Midwifery Unit	Alongside Midwifery Unit ✓	Obstetrician Led Labour Ward ✓	State Other:
How are third- and fourth-degree tears classified for data collection? (please X or ✓)				
3 rd degree tears	3 rd & 4 th degree tears separately	Grade 3a, 3b, 3c, 4 th degree ✓	Don't know	

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Do you have a designated perineal clinic	Yes ✓	No		
If yes, is it (please X or ✓)	Midwifery led	Obstetrician led	State Other: Physiotherapy and Consultant	
Please kindly provide names of perineal clinic leads and designation	Direct all enquiries to:			
Name:	Deirdre Winters. Co Director, Allied Health Professionals (AHP)			
Contact Address	Physiotherapy Dept, Royal Jubilee Maternity Hospital			
Email:	(028) 9024 0503 Ring through for email address			
If No, how are women with 3 rd & 4 th degree tears followed up? (please X or ✓)				
Community midwives	GP	Hospital antenatal clinic	Others – Please state	
Do you have a designated women's health physiotherapist? (please X or ✓)				
If yes, how many?	3			
If yes, when do they follow up women with 3 rd & 4 th degree tears				
Antenatal	Postnatal	Ward prior to discharge	Other- Please state	
No	Yes	Yes	Womens Health Physio Assessment at 6 – 8 weeks post natal. OASI Clinic	Manometry,

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			(Physio & Obs Consultant at 3-6 months postnatal.	endoanal ultrasound
What maternity data system is used in your unit? (please X or ✓)				
Epic ✓	Terranova	Euro king	Cerner	Other:
Any further comments:				
Kindly provide the following details in case we need clarification.				
Your name:	Public Liaison Service			
Contact details:	(028) 9504 5888			
Email address:	publicliaison@belfasttrust.hscni.net			