

11 June 2025

## **Mental Health Waiting Times and Treatment Outsourcing.**

### **Average waiting time for adults awaiting mental health treatment in your trust.**

The Belfast Trust have a range of Mental Health Services. The Trust are currently not in a position to report on waiting times (since Encompass Go live) until rigorous validation of data is complete.

### **What percentage of adult mental health patients' are sent for treatment by the trust to be treated for mental health issues by a charity?**

The Trust is unable to provide this data

### **What percentage overall of mental health treatment is outsourced to non-health and social care trust organisations?**

The Trust is unable to provide this data in a percentage format.

The Trust can advise that the Primary Care Talking Therapies Hub outsource delivery of 17,600 counselling sessions to Tier 2 Community and Voluntary Providers

### **What quality and audit process is in place for the mental health triage system in the trust, if any? What is the average quality score for the system?**

Whilst we have audits in place in relation to MH treatment we do not in relation to triage specifically

### **How many complaints' were received in the last full business year regarding mental health services?**

136 Formal Complaints received 1<sup>st</sup> April 24 – 31<sup>st</sup> March 25