

26 June 2025

Young Carers

1. How many young people (Under 18) are registered as young carers?

The Belfast Health and Social Care Trust does not maintain a register for young carers. The Belfast Health and Social Care Trust can however confirm that at the end of the last reporting period 31st March 2025, 108 young carers were receiving support and throughout the reporting period 1st April 2024 - 31st March 2025, 254 young carers were in receipt of a young carers grant to support well-being activity.

2. Can you provide an annual breakdown of this figure from 2020 - 2025 inclusive?

Date (period ending)	Number of young carers receiving support	No of young carers receiving grant within reporting period 1 st April - 31 st March
31 st March 2020	115	
30 th September 2020	105	
31 st March 2021	147	39
30 th September 2021	117	
31 st March 2022	85	83
30 th September 2022	106	
31 st March 2023	43	198
30 th September 2023	61	
31 st March 2024	74	210
30 th September 2024	171	
31 st March 2025	108	251

** Young carers may be receiving both additional support and a young carer's grant so may be included in both numbers.

**Support for young carers is reported six monthly but young carers can receive support for longer than six months, dependent on need, so may be included in the reporting figures consecutively.

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3. What is the youngest young carer that you have on your records?

The youngest young carer receiving formalised support from the Belfast Health and Social Care Trust is 8.