

24 July 2025

One to One Enhanced Care Packages

A) How many 1-1 (one to one) enhanced care packages are currently in place for Belfast Trust residents in residential and nursing care homes?

Adult Community and Older Peoples Service = 111

B) I would like a copy of your 1-1 (one to one) enhanced care packages policy.

The Trust not have a policy, only guidance

C) Are 1-1 (one to one) enhanced care packages considered to be a restrictive practice?

1:1 enhanced care packages would be considered as an assessed need to support a service user in reducing an identified risk. Within the professional assessment restrictive practice is considered and balanced when reviewing the Trust's legislative responsibility. The Trust at times commission 1:1 enhanced care packages after due consideration is given to all legislative parameters such as the service users Human Rights. The Trust is cognisant of a 1:1's infringement on a service users' Human Rights, and will undertake enhanced review of the service users' needs pertaining to the 1:1 requirement. This is reviewed by the identified keyworkers, team leads, Service Manager and Collective Leadership team on a frequent basis.

D) Are 1-1 (one to one) enhanced care packages considered to be DOL (Deprivation of Liberty) ?

The Trust is cognisant of the holistic legislative framework when developing a professional assessment of a service user, including their statutory duty under the Mental Capacity Act (2016). If a service user is subject to both continuous supervision and control, as well as not being free to leave, and lacks capacity – assessments for Deprivation of Liberty's (DoLS) will be undertaken. The Trust have a range of practitioners able to undertake an assessment pertaining to the Mental Capacity Act affording immediate legal protection for service users being made subject to Emergency Provisions. The Trust also has a dedicated Mental Capacity Act Team who would undertake assessments for Trust Panel Authorisations whilst in a Residential or Nursing Home, as well as for Short Term Detention Deprivation of Liberty's (DoL's) whilst in a Hospital setting.

E) Should a Best Interest Meeting take place when a decision is to be made to put a 1 -1 (one to one) enhanced care package in place for a person who does not have capacity?

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The Trust would employ two key frameworks when reviewing the Best Interests of a service user. The Trust can hold a Best Interest Meeting if there is a level of professional or family / relative disagreement with the professional recommendation for varying issues such as discharge destination or relating to the need for a 1:1 whilst in a care home placement. This meeting should be extended to all family, advocates, professionals involved with the care of the service user and if appropriate the service user. This is a multi-professional making with focus given to a person centred review and development of a care plan, which would fully consider the request for a 1:1. Subsequent to a formal meeting, the service user's keyworker will consider Best Interest Decision making, which will be a clearly defined aspect of their NISAT and / or regionally approved review assessment template.

F) How much does it cost per hour to have a 1-1 (one to one) enhanced care package in place at a residential or nursing care home?

The hourly cost for a 1:1 enhanced care package varies depending on Independent Sector Care Home payment and the agency rates charged. This can also vary depending on the time a 1:1 is needed within a 24 hour time period, weekends as well as Bank Holiday's. The Trust will always negotiate this rate to ensure best value for money.