

**30 July 2025**

## **Social Care Learning Disability**

- 1. How many adults with a learning disability currently live in a residential care home?**

139.

- 2. How many adults with a learning disability currently live in a nursing care home?**

148.

- 3. How many adults with a learning disability currently receive domiciliary care in a supported living type environment?**

193.

- 4. How many adults with a learning disability known to your health trust currently receive a social care package of any kind?**

166.

- 5. How many adults with a learning disability use the PBS Framework within their social care package?**

174.

- 6. How many PBS Practitioners does your Trust employ?**

Psychological Services within the trust does not employ any PBS Practitioners. Positive Behaviour Support (PBS) is a values-led approach to care, involving working in partnership with people, treating them with dignity and respect and enabling them to have a better quality of life. PBS Is not a therapeutic intervention – it is based on a set of four principles which include enabling inclusion, choice, participation and equality of opportunity.

Some individuals face challenges that mean that they have difficulty in expressing and managing emotions and can experience a significant amount of distress, the cause of which may be difficult to always understand. Therefore, they may exhibit behaviours that the systems in which they are cared for find challenging and which can result in increasing distress for themselves and others caring for them. This may require more focused and formulated management. This usually requires the use of specialist assessments and analysis of behaviours, taking a more specialist perspective of trauma

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experiences, the influence of communication or sensory challenges and the need for more specialist advice and training for those supporting the individual. This will usually involve input from Behaviour Therapists, Psychologists and specialist Occupational Therapists and Speech and Language Therapists.

This advice is usually collated in the form of a Positive Behaviour Support Plan (PBSP). The psychological principles of applied behavioural analysis can be helpful in supporting the development of Positive Behaviour Support Plans in these more complex presentations, alongside consideration of trauma experiences, attachment and other psychological frameworks.