

21 October 2025

Mental Health and Psychology information request

Under the Freedom of Information Act, I request a list of all Mental Health and Psychology services provided by your organisation. Please include:

- Generic service contact email address (e.g. referrals or enquiries inbox)

Psychological services information:

These are the services which are permanently funded

SERVICES	GENERIC EMAIL IF AVAILABLE
ADULT SERVICES	
AMH Psychological Therapies Service	AMHPsychologyService@belfasttrust.hscni.net
Adult Autism Diagnostic Service	AdultASDTeam@belfasttrust.hscni.net
Adult Learning Disability Psychological Services - Diagnostic Service - Behaviour Support Services - Psychological Therapies Service - Forensic Psychology Service	
Adult Clinical Health Services - Adult Spinal & amputee Psychological Services - Adult Diabetes Psychological Service - Adult Cancer Psychological Services - Adult CF Psychological Services - Adult Regional Respiratory Psychological Services - Adult Urogynae-Mesh Psychological Services - Adult Tinnitus & Cochlear Implant Psychological Services - Adult Burns Psychological Services - Adult Intestinal Failure Psychological Services	CancerPS@belfasttrust.hscni.net RegRespPsychology@belfasttrust.hscni.net RVHPsychNOREPLY@belfasttrust.hscni.net

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- Adult Haemophilia Psychological Services - Adult Regional Renal Transplant Psychological Services - Adult Generic Clinical Health Service	
Adult Neuropsychology Services - Cognitive Clinic - Headaches - Movement Disorders - Neuroadjustment	RVHPsychNOREPLY@belfasttrust.hscni.net RVHPsychDropbox@belfasttrust.hscni.net
Maternity Psychological Services	
CHILD SERVICES	
Paediatric Psychology services – these include a range of condition specific services based in regional RBHSC	PaedsPsychology@belfasttrust.hscni.net
Therapeutic Support Services to Looked after & adopted children	TSSAdmin@belfasttrust.hscni.net
Emotional Health & Wellbeing Psychological Services	EHWBT@belfasttrust.hscni.net
Children's Autism Assessment & Intervention Services	BAIS.ASD.Service@belfasttrust.hscni.net (post diagnostic) CAASreferrals@belfasttrust.hscni.net (pre diagnostic)

Psychologists are also integrated into MDT delivery of services to:

- AMH Early Intervention & Rehabilitation Services
- Acute MH Inpatient Service
- Adult MH Forensic Services
- Stroke Services
- Chronic Pain Services
- Neurorehabilitation RABIU
- Dementia Services
- Learning Disability Inpatient Services – Adult & Children
- Child & Adolescent Mental Health Specialist Service inc Inpatient Services

Mental Health Services Information:

Shannon Clinic – Regional Medium Secure Unit
No generic email – 24/7 Service

Clare Ward – Locked Rehabilitation Unit

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No generic email – 24/7 Service

Valencia – Dementia Inpatient Unit
No generic email – 24/7 Service

Community Mental Health Forensic Team BHSC/ SET
No generic email – 24/7 Service

Drug Outreach Team

Substitute prescribing Team sptmailbox@belfasttrust.hscni.net

Community Addiction Team No generic email

Malone Place Addiction Day Treatment Unit No generic email

Regional Psychosexual Service No generic email

Primary Care Talking Therapy Hub referralhub@belfasttrust.hscni.net

Belfast Trauma Resource Centre (RTN) mhtraumateam@belfasttrust.hscni.net

Adult Eating Disorder Service No generic email

Department of Psychotherapy No generic email

Perinatal Team No generic email

Cognitive Behavioural Therapy Service No generic email

Adult Gender Identity Service BrackenburnClinic@belfasttrust.hscni.net
No generic email
Self-Harm, Personality Disorder Service

Mental Health Recovery Care management -
CareManagementRMH@belfasttrust.hscni.net

Ards Step 3 CAMHS Team NDAAdmin@belfasttrust.hscni.net

Central Point of Referral SEHSCT CAMHS
SETCAMHSCentralPoint@belfasttrust.hscni.net

Primary Mental Health Team CAMHS SEHSCT
SECAMHSPrimary@belfasttrust.hscni.net

Emotional Wellbeing in Schools Teams (BHSC &
SEHSCT) EWTs@belfasttrust.hscni.net

Central Point of Referral BHSC
CAMHS CAMHSCentralPoint@belfasttrust.hscni.net

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Beechcroft Inpatient Care – No generic email

Belfast Trust Mental Capacity Act Service – MCABelfast@belfasttrust.hscni.net

Belfast Trust Daytime Approved Social Work Service –
MHASWService@belfasttrust.hscni.net

Lifeline: Lifeline@belfasttrust.hscni.net

Recovery College: recoverycollege@belfasttrust.hscni.net

Student Mental health: smhsreferrals@belfasttrust.hscni.net

MATT – The Multi-Agency Triage team (MATT) is a Crisis De-escalation Service available for those experiencing an acute mental health crisis that are in contact with emergency services by phoning 999 or 101

Acute Mental Health Inpatient Centre (AMHIC) provide the following assessment at formulation meeting by the multi-disciplinary team – Nursing, Psychiatry, Occupational Therapy – 1:1 plus groups, Social Work, Physiotherapy, Speech and Language, Pharmacy, Patient Advocacy and Peer Support no generic email

Mental Health Liaison Team – no Generic Email

Home Treatment House – no generic email

Community Rehab Team have Psychology input, that offers individual and group Psychological interventions such as DBT this service is shared with Early Intervention Team. There is currently a waiting list within CRT of 5/6 service users. This Psychology Service also offers reflective practice to CRT and the 2 Statutory Supported Housing Schemes on a monthly basis. Referrals are completed via Encompass and sent directly to Psychological Services No generic email

Care Management commissioned services – no generic email

Mental Health Liaison Team that provide mental health assessments across Accident and Emergency departments. – no generic email

Home treatment team that support individuals who are acutely mentally unwell within their own homes/ community, Home treatment team is supported by Home treatment House and ADT no generic email