

12 November 2025

Mental Health in Postpartum Women

Under the Freedom of Information Act, I would like to request records of mental health in postpartum women ranging from January 2015 to as recently in 2025 as the data exists. More specifically from 2015 to 2025, what were the rates of diagnosed mental health issues in postpartum women, including depression, anxiety, OCD, and postpartum psychosis?

Belfast Health and Social Care Trust Mental Health service is not able to extrapolate data pertaining to specific diagnosis from its clinical record system.

Therefore, we are unable to answer this question.