

22 December 2025

Pulmonary Rehabilitation Services within Belfast Health and Social Care Trust

Please provide responses to the following for the most recent full financial year (April 2024 – March 2025).

1. Who is the person responsible for commissioning pulmonary rehabilitation services within your organisation? Please include their name, job title, and contact email if available.

Belfast Health Social Care Trust do not commission services, this role lies with the Strategic Planning and Performance Group.

2. Which provider organisations are currently delivering pulmonary rehabilitation services under contract with your organisation?

Once patients have completed the pulmonary rehab programme they can avail of the 12 week programme delivered by GLL in Girdwood, this class is once a week and patients are also provided with a pass to use their other facilities, patients can also be referred to the Health Wise scheme for Shaftsbury.

3. How many people were referred to pulmonary rehabilitation during the most recent full financial year?

Pulmonary Rehab Referrals April 24 to March 25						
Count of Referral						
Start Date	Column Label					
Row Labels	Allied Health Professional	Consultant (non-A&E)	General Medical Practitioner	Other	Specialist Nurse (secondary care)	Grand Total
Apr	12	31	3	1	25	72
May	8	28		1	19	56
Jun	6	19	2		23	50
Jul	12	14	1		18	45
Aug	6	15			14	35
Sep	5	23	1		11	40
Oct	5	10			19	34
Nov	3	7	1		8	19
Grand Total	57	147	8	2	137	351

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4. **Of those referred, how many completed a full pulmonary rehabilitation programme during the same period?**
5. **For which primary conditions or diagnoses do you refer patients to pulmonary rehabilitation?**

COPD, ILD, bronchiectasis/ stable asthma/ Pulmonary hypertension/ Sleep apnoea, lung cancer prehab patients

6. **How many individuals are currently on a waiting list for pulmonary rehabilitation, and what is the average waiting time if available?**

1year from referral to start class

7. **What types or formats of pulmonary rehabilitation are currently offered (for example, face-to-face, home-based, or digital such as MyCOPD)?**

We offer face to face programmes in Girdwood, Shaftsbury and a new class commencing in Musgrave Park, we also offer virtual classes

8. **What outcome measures are used to evaluate pulmonary rehabilitation services (e.g. CAT score, six-minute walk test)?**

6MWT, CAT and GAD7