

14 January 2026

## **Weight Management Service**

- 1. Do you commission a specialist weight management service? Is it located within your catchment area? If not, where are people within your area requiring specialist weight management services typically referred?**

Belfast Trust Dietetic Department do not have a specialist tier 3 and 4 obesity management service.

The treatment of obesity in Adults and children is through core dietetic services using regionally agreed Elective Care Pathways for adults (see attachment 1 and Paediatrics (see attachments 2)

Note: the Adult Care Pathway is currently under review but we do not, as yet, have a timeframe for completion of this work

- 2. If you commission a specialist weight management service, is it currently accepting new referrals? And if it is not accepting new referrals, when did this come into effect?**

The Department of Health information regarding the new Regional Obesity Management Service for Northern Ireland which details out more of a community focus.

[NI to get its first Obesity Management Service | Department of Health](#)

- 3. Does the specialist weight management service you commission prescribe GLP-1RA weight loss drugs? And if yes, does this include the following (please specify all those it includes):**

**Liraglutide (Saxenda®)**

**Semaglutide (Wegovy®)**

**Tirzepatide (Monaro®)**

**If yes, how many patients have been prescribed a GLP-1RA for weight loss through the service you commission?**

Belfast Trust does not provide weight management services

- 3. If the service does not prescribe GLP-1RAs, is there a planned start date for when the services may begin prescribing GLP-1RAs for weight loss?**

As above

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**4. Do you fund bariatric surgery for people living in your catchment area?**

As Above

**6. Please list all the current criteria that are used for funding decisions regarding bariatric surgery - for example, but not limited to, BMI cut-offs, type 2 diabetes status, time in weight management service, requirement for preoperative weight loss, comorbidities etc**

There is no commissioned or delivered surgical weight management service in Northern Ireland.

**7. Is there a commissioned/designated bariatric surgery service located within your catchment area? If not, where are people requiring bariatric surgery within your area typically referred?**

There is no commissioned or delivered surgical weight management service in Northern Ireland.