

5 February 2026

## Antiretroviral Therapy (ART) Treatment and Switching

**Question 1. How many patients with HIV in total were seen for care and treated with ART in your Trust in the latest 3 months of available data?**

There were 943 total attendances at HIV clinic between Oct - Dec 2025. It is not possible to provide accurate figures for individual patient attendances.

**Question 2. How many patients newly diagnosed with HIV were initiated on Antiretroviral Therapy (ART) in your Trust in the latest 3 months of available data?**

7 total patients newly diagnosed initiated on ART from Oct - Dec 2025.

**Question 3. How many patients with HIV have had their ART switched in your Trust in the latest 3 months of available data?**

It is not possible to provide this information without reviewing individual records of all patient attendances within this period. This would exceed 18 hours of consultant time to locate, retrieve, and extract this information. Under Section 12 of the Freedom of Information 2000, the limit has been specified as £450 and represents the estimated cost of one or more persons spending 18 hours in determining whether we hold the information, locating, retrieving and extracting this information.

**Question 4. Of the patients identified in Question 3, how many were switched from/to the following therapies?**

Unable to provide this information - see response Question 3

Therapy	Total switched patients
Emtricitabine/tenofovir alafenamide (fixed dose combination) + any other ART to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	
Emtricitabine/tenofovir alafenamide (fixed dose combination) + any other ART to Dovato (dolutegravir/lamivudine)	
Emtricitabine/tenofovir disoproxil (fixed dose combination) + any other ART to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	
Emtricitabine/tenofovir disoproxil (fixed dose combination) + any other ART to Dovato (dolutegravir/lamivudine)	

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Triumeq (dolutegravir/abacavir/lamivudine) to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	
Triumeq (dolutegravir/abacavir/lamivudine) to Dovato (dolutegravir/lamivudine)	
Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide) to Dovato (dolutegravir/lamivudine)	
Any other ART** to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	
Any other ART** to Dovato (dolutegravir/lamivudine)	

**\*\* NOTE: "Any other ART" - if the patient was given one of the regimens listed earlier, leave that patient in the rows above so they are not double counted.**