

25 March 2026

## Statistics for Young People receiving Mental Health Treatment

I am writing to request the below information under the Freedom of Information Act 2000.

- The number of young people (18-24 year olds inclusive) receiving mental health treatment - both community and inpatient.
- The number of them who have been receiving treatment more than once (not their first time).

All data below as of 13 March 2026 - Data Source Paris/Encompass reporting

### Adult Community and Inpatient Mental Health Services

Age 18-24	Jan-21	Feb-26
Community Services	264	326
Inpatients Services	21	13
Multiply Episodes	Unable to provide data. *To locate and extract this information would require a manual trawl of each individual episode, which would require more than 18 hours work.	

Age 18 - 24	Feb-21	Feb-26
Home Treatment Team - Acute Community	Not held	10
PATH - Psychiatric Assessment and Treatment Hub	Not open in 2021	<5
Multiple Episodes	Unable to provide	<5

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\*Belfast Trust considers that the cost of retrieving the information would be above the 'Appropriate Limit', as defined by the Freedom of Information Act under Section 12. Section 12 of the Freedom of Information Act makes provision for public authorities to refuse requests for information where the cost of dealing with them would exceed the appropriate limit. The limit has been specified as £450 for public authorities such as Belfast Trust. This represents the cost of one or more persons spending 18 hours in determining whether we hold the information, locating, retrieving and extracting this information.

**Use of <5 (less than five):** We are unable to provide an exact figure - exempt from release under Section 40(2) of the Freedom of Information Act - Personal Information relating to a third party, as the small numbers involved could make patients personally identifiable. Disclosure would constitute a breach of the principles of the General Data Protection Regulation 2018.

Child and Adolescent Mental Health Service (CAMHS)

	Jan-21	Feb-26
<b>Community 18-24</b>	165	168
<b>Inpatients 18-24</b>	0	0
<b>Multiple Episodes</b>	Unable to provide	112

We do not have the episode information for young people 18 to 24 in January 2021.

Young people may remain in Belfast Trust's Community CAMHS beyond their 18<sup>th</sup> birthday for several reasons. Mainly it is whilst supporting a safe transition to Adult Mental Health Services or to complete a piece of therapeutic work commenced before they were 18 years old. The number of 18 year olds is reviewed regularly by the services.

Note the 112 in February 2026 had more than one referral to CAMHS. However, it is not possible to separate data for those who had multiple treatment episodes from those who had a previous referral to CAMHS or a CAMHS assessment only.

We are unable to provide the data requested, as to locate and extract this information would require a manual trawl of each individual episode. Therefore, to provide the data would require more than 18 hour's work, which would be above the 'Appropriate Limit', as defined by the Freedom of Information Act under Section 12.