

13 April 2026

Waiting time data for Adult Mental Health Services and Psychological Therapies

**Information in respect of waiting time data for Adult Mental Health Services
and Psychological Therapies.**

Please confirm that you hold the information requested below.

**Please provide the information requested below for the following time
frames: 2023-24 , 2024-25 and 1 April 2025 -31 December 2025, broken down
on a month-by-month basis.**

- 1. Number of referrals for Adult Mental Health Services and Psychological
Therapies, broken down by specific services under each.**
- 2. Breach analysis data for Adult Mental Health Services, against the 9-
week waiting time, and Psychological Therapies, against the 13-week
waiting time target, including the specific amount of time, beyond the
waiting time target, that people waited to be seen.**

Please find attached spreadsheet.

Use of <5 (less than five): We are unable to provide an exact figure - exempt from
release under Section 40(2) of the Freedom of Information Act - Personal
Information relating to a third party, as the small numbers involved could make
patients personally identifiable. Disclosure would constitute a breach of the
principles of the General Data Protection Regulation 2018.