

14 May 2026

School Allergy and Anaphylaxis Training

Under the Freedom of Information Act 2000, I am requesting information relating to allergy and anaphylaxis training provided by the Trust to schools. Please provide the following information for the school years: 2023/24, 2024/25 and 2025/26 to date (if available).

Belfast Health and Social Care Trust has not historically delivered formal allergy or anaphylaxis training to schools but instead provided awareness sessions.

Belfast Trust has delivered no awareness sessions to schools during the timeframes listed above. Awareness sessions were last delivered in and around 2019.

These sessions are now available via the Education Authority website, where teaching staff can access the content as and when required. The material / content on this platform is reviewed and updated on a regular basis to ensure it remains current and appropriate.

Belfast Trust has answered as much of this request as possible – note responses on training content in Question 6.

We would suggest you contact the Education Authority who should be able to provide more information.

Training Activity

- 1. The number of schools that received any allergy or anaphylaxis related training from the Trust in each school year.**
- 2. The total number of school staff trained in each school year.**
- 3. Where held, a breakdown of staff trained by role (for example teachers, classroom assistants, school leaders, catering staff, transport staff or other).**
- 4. The number of training sessions delivered in each school year.**
- 5. The average duration of training sessions, where recorded.**

A way of delivering this may be to provide information by school (school names can be anonymised and listed by identifying number if required) and to put total staff numbers trained each year for each school in a table.

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Training Content

6. Please indicate Yes / No as to whether training delivered to schools includes the following topics:

Topic	Yes / No
What allergy is	Yes
Difference between allergy and anaphylaxis	Yes
Common allergy triggers	
First-time allergic reactions	
Prevention of allergen exposure	
Cross contamination	
Classroom food activities / cooking / baking	
School meals / catering awareness	
School allergy risk assessments	Yes
Inclusion of pupils with allergies	
School trips / residentials	Yes
Clubs / after-school activities	Yes
PE / outdoor learning	Yes
Individual Healthcare Plans	Yes
Whole school allergy policies	
School allergy risk assessments	
Recognising symptoms of allergic reaction	
Recognising symptoms of anaphylaxis	Yes
Use of adrenaline auto-injectors	Yes
Emergency response procedures	Yes
Calling emergency services	Yes
Post-incident procedures	Yes
Refresher training / ongoing competency	

Additional Information

7. Please confirm whether such training is mandatory or provided on request.
8. Please state whether schools may request bespoke training.
9. The number of requests for allergy/anaphylaxis training that could not be fulfilled, where recorded.