

27 May 2026

## Utilised Preimplantation Genetic Testing (PGT)

**Under the Freedom of Information Act 2000 to request the following information from the clinical genetics centre. We are requesting details on information resources and support for couples who are interested in or have utilised preimplantation genetic testing (PGT). We appreciate your responses to all questions, even when the answer is 'none' or 'not relevant'.**

**1. What information resources (e.g. leaflets, websites, videos) are provided to patients about preimplantation genetic testing (PGT)?**

Belfast Health and Social Care Trust (BHSC) refer most of our patients to NHS Guy's and St Thomas' Hospital (GSTTH), London for PGT treatment and provide GSTTH leaflets to patients.

Further information can be obtained by contacting the PGT clinical genetics team as follows:

Phone: 020 7188 1392

Email: [gstt.pgdenquiries@nhs.net](mailto:gstt.pgdenquiries@nhs.net)

Address:

Centre for pre-implantation genetic testing (PGT-M/SR),  
7th floor, Borough Wing,  
Guy's Hospital,  
Great Maze Pond,  
London  
SE1 9RT

Website: [Pre-implantation genetic testing \(PGT-M/SR\) - Overview | Guy's and St Thomas' NHS Foundation Trust](#)

BHSC also have a section on our website: [Prenatal care and testing | Belfast Health & Social Care Trust website](#).

Please refer to the Information Leaflet for Patients 'Pre-Natal Testing' Options for testing before and during pregnancy.

*(36938 Utilised Preimplantation Genetic Testing (PGT) Attachment 1).*

27 May 2026

**2. Are PGT information resources available in accessible formats (e.g. easy read, translated materials)?**

All BHSCT informational leaflets can be made available upon request in accessible formats, including easy-read and translated versions.

In addition, information published on the BHSCT website can be provided in alternative formats, such as translated text or audio, upon request.

**3. What resources do you have for providing emotional or psychological support to couples during the PGT process?**

Couples are seen by the genetic counselling team to discuss their reproductive options and then referred to GSTTH or occasionally Birmingham Women's and Children's Hospital (BWCH) for treatment.

Couples will receive a personalised letter and contact details for referring Genetic Counselling.

**4. What support is offered to patients or couples navigating PGT decision making and/or following PGT outcomes?**

Teams work alongside experienced fertility counsellors which couples can be referred to if required.

**5. Are patients signposted to any external organisations or charities relating to PGT, if so who and what resources are these?**

Please refer to question 1 for further information relating to GSTTH.

Further information can be obtained from NHS Birmingham Women's and Children's Hospital (BWCH):

Address:  
Mindelsohn Way,  
Birmingham  
B15 2TG

Phone: 0121 472 1377

Website: [Pre-Implantation Genetic Testing | Birmingham Women's and Children's](#)

**6. Are there any internal guidelines or standard operating procedures (SOPs) for staff on how to discuss PGT with patients?**

(BHSCT) does not currently have specific internal guidelines or standard operating procedures (SOPs) in place for staff regarding discussions about PGT with patients.

**27 May 2026**

**7. What educational resources or training do you have to support staff on discussing PGT with patients?**

GSTTH offer a regular professionals training course and BHSCCT have invited representatives from these treatment teams to speak at our education sessions.

**8. Where possible, please provide copies or links to the resources referenced. The resources can be generic or disease specific.**

For further information and resources, please refer to Question 1 and Question 5 and the attached leaflet:

*36938 Utilised Preimplantation Genetic Testing (PGT) Attachment 1.*