

27 July 2026

Consent form for non-binary patients on testosterone or oestrogen

**Under the Freedom of Information Act 2000 I request the following information
regarding Brackenburn gender service.**

**1. Do you have specific consent forms for patients undergoing a non-binary
medical transition with testosterone or oestrogen?**

The service does not have a specific consent form, rather consent is documented within individual clinical records. Patients' must demonstrate that they can provide informed consent prior to a referral to Endocrinology. Capacity to consent to treatment is assessed within Montgomery standards to consent to treatment and the GMC 7 principles of decision making and consent.

2. If so please share.

N/A

**3. If not are patients consented with the same consent form used in patients
who undergo a transgender medical transition?**

See above.

Patients attending the Gender Identity Clinic (GIC) undergo a comprehensive clinical assessment, which includes exploration of psychological, social, and medical factors relevant to gender identity and treatment. This is completed before the patient is referred for any gender affirming treatment, including hormone treatment or surgery.