

09 September 2026

CAMHS to AMHS Transition Data

Thank you for your previous response regarding CAMHS discharge data, under FOI 37855.

[Disclosure logs](#) | [Belfast Health & Social Care Trust website](#)

I note your response under Section 1(1)(a) stating that the Trust does not generate pre-formatted reports filtering specifically for service users discharged upon turning 18. To ensure this request falls squarely within the statutory cost limit under Section 12, and in accordance with your duty to provide advice and assistance under Section 16 of the Freedom of Information Act 2000, I am submitting a refined request for high-level quarterly aggregate data.

Please provide the following information for each of the past eight financial years (2018/19 through 2025/26 inclusive):

1. Quarterly Discharge Totals:

- A quarterly breakdown (Q1, Q2, Q3, Q4) of the total number of service users discharged from Child and Adolescent Mental Health Services (CAMHS).

Please see attached excel spreadsheet tab 1.

2. Quarterly Onward Referral Totals:

- A corresponding quarterly breakdown of the total number of CAMHS leavers who were referred to Adult Mental Health Services (AMHS) upon discharge.
- If held within cost, a breakdown of these AMHS referrals by outcome (e.g., Accepted vs. Declined/Rejected by Adult Services).

Please see attached excel spreadsheet tab 2.

3. Alternative Age Filtering (If Available):

- If the Trust cannot isolate exact 18th-birthday discharges, but holds routine quarterly discharge figures broken down by standard age brackets (e.g., Ages 17–18 or Ages 16–18), please provide this quarterly breakdown instead.

Under Section 1(1)(a) of the Freedom of Information Act 2000, the Trust can confirm that it does not hold the information in recorded format as requested.