

15 September 2026

CAMHS to Adult Mental Health Services Transition

I am writing to make a request under the Freedom of Information Act 2000 regarding Child and Adolescent Mental Health Services (CAMHS) transition pathways to Adult Mental Health Services (AMHS).

Please provide copies of the following documents held by the Trust:

1. Transition Policy & Protocols:

- The Trust's current policy, operational guidelines, or protocol governing the transition of service users from CAMHS to Adult Mental Health Services (AMHS) upon reaching the age of 18 (or 16–18).
- Any joint working agreements or Memorandums of Understanding (MOUs) between CAMHS and AMHS regarding transition eligibility thresholds and handovers.

Please see attached 37998 – Transitions Protocol between CAMHS and Mental Health – Attachment 1.

2. Audit & Monitoring Reports:

- Copies of any internal clinical audits, quality assurance reports, or service evaluation reports conducted within the last three years (2023–present) regarding CAMHS-to-AMHS transitions or age-18 discharges.

Internal clinical audits, quality assurance reports, or service evaluation reports audits have not been undertaken in this time period.

3. Governance & Oversight:

- The minutes, executive summaries, or action logs from Trust Board, Quality Committee, or Clinical Governance meetings over the past two years where "CAMHS transitions," "age-18 discharge pathways," or "transition drop-off/cliff-edge" were formally discussed or reviewed.

Under Section 1(1)(a) of the Freedom of Information Act 2000, the Trust can confirm that it does not hold the information requested.

4. Refusal/Rejection Criteria Guidance:

- Any written internal guidance or threshold criteria provided to staff regarding cases where an 18-year-old leaving CAMHS is deemed ineligible for AMHS and is instead discharged back to Primary Care/GPs.



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and Mental Health – Attachment 1.