Belfast Health and Social Care Trust
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FOI/38611

28 October 2026

CARDIAC ARRESTS

Cardiac Health Data for Individuals Aged 35 and under.

Please provide the following information for each calendar/financial year from 2018/2019 up to and including the most recent available data for 2025/2026:

Please note the cause of death is not recorded on the Trust Information Systems. The information below relates to patients who had a primary diagnosis of cardiac related event. It is not confirmed as the cause of death.

1. The total number of [hospital admissions / recorded deaths] where the primary diagnosis or underlying cause of death was a cardiac-related event.

Primary Diagnosis of I46.0, I46.1 or Primary Diagnosis of I46.9, Based on Discharge Date as Diagnosis is recorded on Discharge

Fiscal Year	Discharges & Deaths for Cardiac Arrest for <=35 Year olds
2018-2019	13
2019-2020	<=10
2020-2021	<=10
2021-2022	<=10
2022-2023	<=10
2023-2024	17
2024-2025	15
2025-2026	18

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2. A breakdown of this data by specific age: ideally by single year of age (e.g., 18, 19, 20... up to 35). If single-year data is unavailable due to patient confidentiality, please provide the data in the smallest available age brackets (e.g., 0–14, 15–19, 20–24, 25–29, 30–35).

Discharges & Deaths for Cardiac Arrest for <=35 Year olds By Age Band					
Fiscal Year	0-14	15-19	20-24	25-29	30-35
2018-2019	<=10	0	0	<=10	<=10
2019-2020	<=10	0	0	<=10	<=10
2020-2021	<=10	0	<=10	<=10	<=10
2021-2022	<=10	0	0	<=10	<=10
2022-2023	<=10	<=10	<=10	0	<=10
2023-2024	<=10	<=10	<=10	<=10	<=10
2024-2025	<=10	<=10	<=10	<=10	<=10
2025-2026	<=10	<=10	<=10	<=10	<=10

3. A breakdown by gender for each age group and year.

Discharges & Deaths for Cardiac Arrest for <=35 Year olds By Age Band - Female					
Fiscal Year	0-14	15-19	20-24	25-29	30-35
2018-2019	<=10	0	0	<=10	<=10
2019-2020	<=10	0	0	0	<=10
2020-2021	0	0	0	<=10	0
2021-2022	<=10	0	0	0	<=10
2022-2023	0	<=10	<=10	0	<=10
2023-2024	<=10	<=10	0	<=10	<=10
2024-2025	<=10	0	<=10	0	0
2025-2026	<=10	0	<=10	0	<=10

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Discharges & Deaths for Cardiac Arrest for <=35 Year olds By Age Band - Male					
Fiscal Year	0-14	15-19	20-24	25-29	30-35
2018-2019	<=10	0	0	<=10	<=10
2019-2020	<=10	0	0	<=10	<=10
2020-2021	<=10	0	<=10	<=10	<=10
2021-2022	<=10	0	0	<=10	0
2022-2023	<=10	0	0	0	0
2023-2024	<=10	<=10	<=10	<=10	<=10
2024-2025	<=10	<=10	<=10	<=10	<=10
2025-2026	<=10	<=10	<=10	0	<=10

4. The total number of out-of-hospital cardiac arrests, broken down by age and gender.

Under Section 1(1)(a) of the Freedom of Information Act 2000, Belfast Trust can confirm that it does not hold the information requested.

*Where numbers are low, we have indicated <10 rather than provide the exact figure. Releasing such small numbers has the potential to make people identifiable and disclosure would constitute a breach of the principles of the General Data Protection Regulation 2018. This information is therefore exempt from release under Section 40(2) of the Freedom of Information Act 2000 – Information Relating to a Third Party.