

The specialist nurses work alongside the medical team providing nurse led clinics providing monitoring of stable patients both on and off medication. They provide 1 clinic session on a Tuesday morning and 2 clinic sessions on a Thursday afternoon.

They provide assessment of health and wellbeing as well as illness and symptoms, interpret and explain test results, discuss adherence and side-effects to medication, assess sexual health, request relevant blood tests, arrange medication and appropriate follow up. The specialist nurses also offer advice and make onward referral to other support services to help the patient deal with any difficulties they may be facing.

As part of the Multidisciplinary Team, Specialist Nurses provide support to HIV positive patients & families/ partners /carers.