

Royal Jubilee Maternity Hospital

274 Grosvenor Road,

Belfast,

BT12 6BA

04/10/2021

We are writing to you as you are currently pregnant or have given birth within the last six weeks. There is some information that you need to be aware of. In pregnancy your chance of having a blood clot in the legs and/or lungs is higher. If you have Covid -19 this increases the chance further.

Some women who have other risk factors may benefit from blood thinning injections to reduce their chance. To know if you are one of the women who may benefit we need you to tell us if you are diagnosed with Covid-19.

What to do next:

- **I am pregnant and have symptoms of Covid – 19, what should I do?**

Get a covid-19 test.

- **My Covid-19 test is positive, what should I do now?**

Self-isolate and Contact Maternity Assessment unit (MAU) on **02896150596 between 1000-1400**

Have your green hand held maternity notes with you when you call.

The Midwife or Doctor will ask you some questions and work out your personal risk score.

- **I have had a risk assessment and been told I have an increased risk, what should I do next?**

You will be offered blood thinning injections and education on how to give them.

We will ask you to pick a family member or friend **who is NOT isolating** to collect a prescription from our Maternity Assessment Unit. They will need to take this to the out-patient pharmacy in the main hospital who will give out the medication and a sharps box. An information leaflet on how to give the injection is included in the box, and you will get a link for a video on how to do this. If you need any further help with the injection after watching this video please contact Marie the maternity education midwife on 02895044909 and leave a message.

Should you become unwell with symptoms of Covid -19 please contact your GP, out of hours centre A&E or call 999. If you have concerns regarding your pregnancy or baby's movement, please contact MAU.

Maternity Services

BHSCT

The best way to prevent Covid-19 in pregnancy is to get your Covid vaccination.